

# National Children's Dental Health Month February 2011

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"A Healthy Smile? It's Easy to Find!  
Remember to Brush & Floss Every Day!"

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February is National Children's Dental Health Month

A HEALTHY SMILE?  
IT'S EASY TO FIND!



Remember to  
brush and  
floss everyday!

ADA American Dental Association®

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**February is National Children's Dental Health Month!**

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**FLOSSY AWARDS THIS  
HEALTHY SMILE  
CERTIFICATE**  
TO:

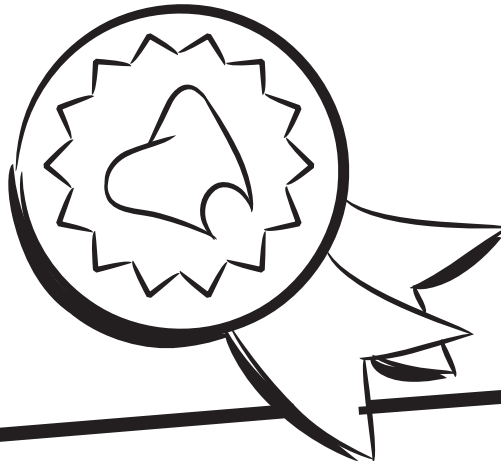
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**PRESENTED BY:**

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**DATE:**

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February is National Children's Dental Health Month!

# Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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**February is National Children's Dental Health Month!**

# **Coloring Sheet**

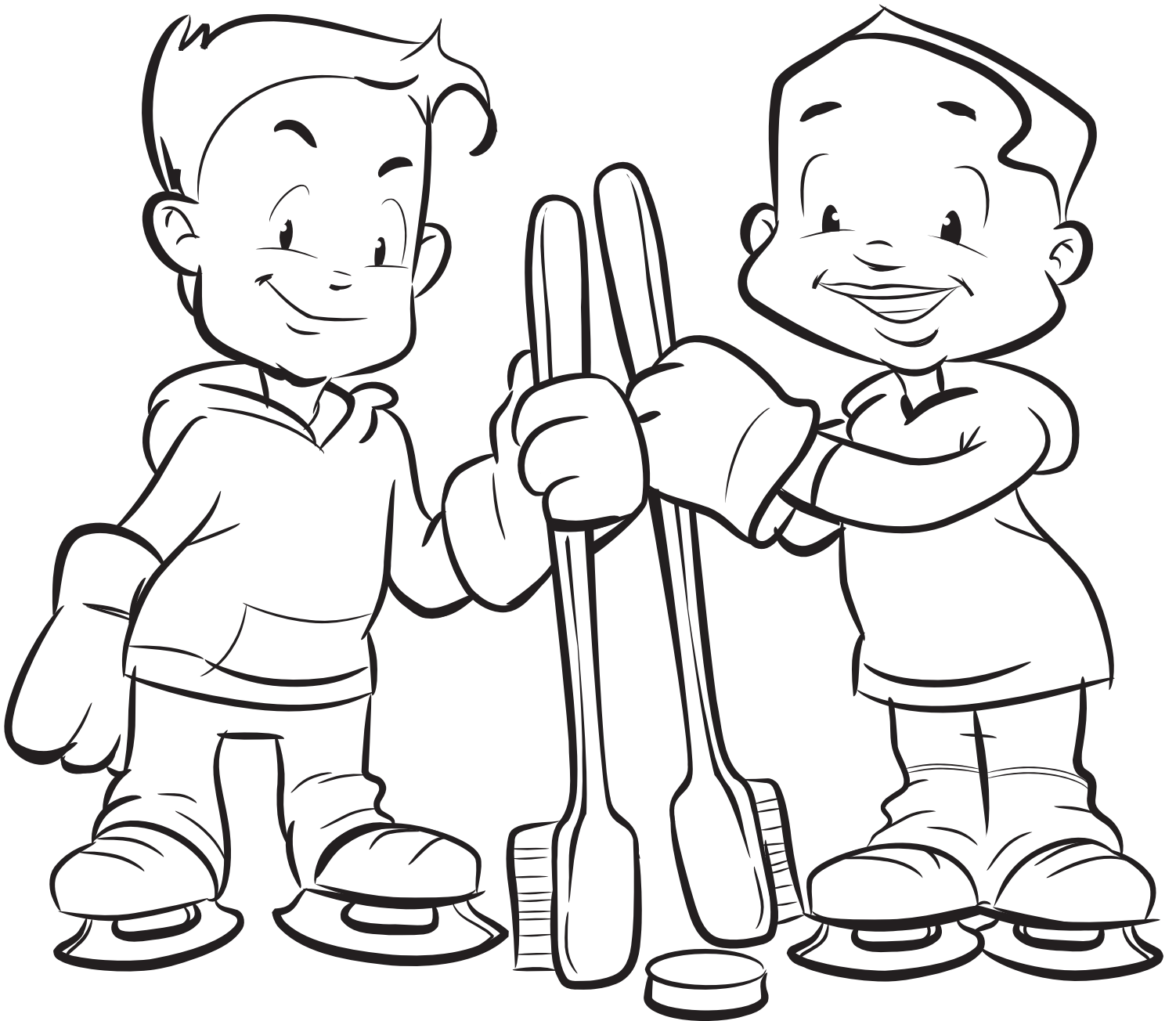


**A HEALTHY SMILE IS PRETTY AS A PICTURE!**

**February is National Children's Dental Health Month!**

# **Coloring Sheet**

**Buck is teaching Den to play hockey.  
Rule number one? Always wear a mouthguard!**



# February is National Children's Dental Health Month!

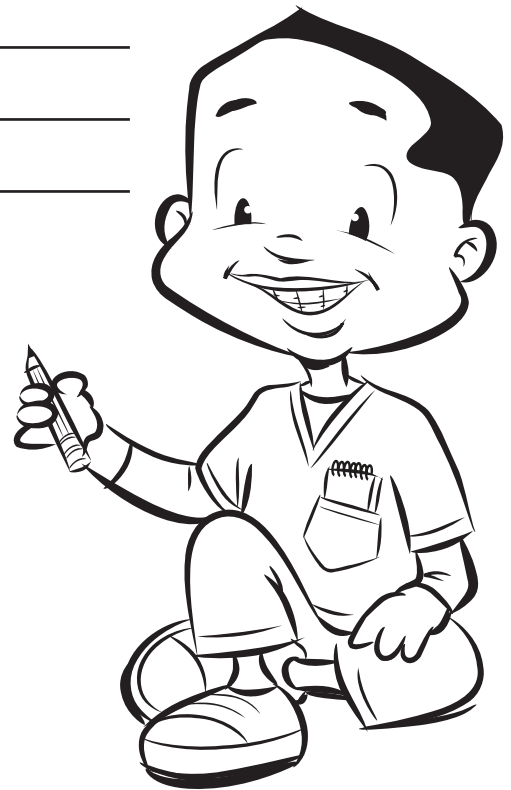
Den asks, "How many words can you find hidden in this phrase?  
Can you find 15? Can you find 25?"

## BRUSH YOUR TEETH!

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_
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- 24 \_\_\_\_\_
- 25 \_\_\_\_\_

**BONUS:** How many words can you find with 6 letters or more?



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## SECRET MESSAGE!

Den and Buck are decoding a secret message.

Join in the fun! Cross off the words in the grid below by following the steps.

	A	B	C	D	E
1	HEN	MOUTHGUARD	TONGUE	BASEBALL	BOOK
2	SEALANT	BRUSH	MAGAZINE	DEN	VEGETABLES
3	HAPPY	GLAD	WHEN	CYCLING	GRAPE
4	JOURNALIST	GEN	CARROT	LETTER	POSTCARD
5	AND	SOCCER	SMILE	GRIN	MEN
6	BUCKY	PLAQUE	PEAR	FLOSS	WELCOME
7	DUCK	APPLE	LUCK	SWIMMING	EMAIL
8	ENAMEL	TENNIS	FLOSSY	TOOTHPASTE	YOUR
9	NEWSPAPER	FRIEND	BUDDY	CAULIFLOWER	TRUCK
10	NEIGHBORS	ADVENTURES	TEETH	SURPRISE	PLAYGROUND



Message: Brush and floss your teeth.

1. Cross off all 10 letter words.
2. Cross off all things you can read.
3. Cross off all sports activities in columns B and D.
4. Cross off all words with exactly 3 vowels.
5. Cross off the first names of the McGrinns and the Smileys.
6. Cross off all the words that rhyme with Den or Buck.
7. Cross off all the words that are healthy fruits and vegetables.
8. If 2 words directly next to each other in a row, have the same meaning, cross them both off.
9. Now, read the remaining words in order from top to bottom by rows to find the hidden message.

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## Writing is So Much Fun!

Help Den finish his essay by asking a buddy to provide the correct type of word for each blank. Write them in and then read the silly story out loud!



### A WACKY VISIT TO THE DENTIST

Den likes to visit his dentist, Dr. \_\_\_\_\_ . Den sits in a big chair and the dental

hygienist puts a \_\_\_\_\_ around his neck to protect his \_\_\_\_\_ .

The hygienist \_\_\_\_\_ all of Den's teeth. She uses a (noun) to see way in the back of Den's mouth.

"Would you like \_\_\_\_\_ or \_\_\_\_\_ toothpaste today, Den?" she asks.

Her toothbrush \_\_\_\_\_ very fast. When she is done brushing, she takes a piece of dental floss that is \_\_\_\_\_ inches long, and \_\_\_\_\_ between all of Den's teeth.

Now it's time for the Dentist to make one final check.

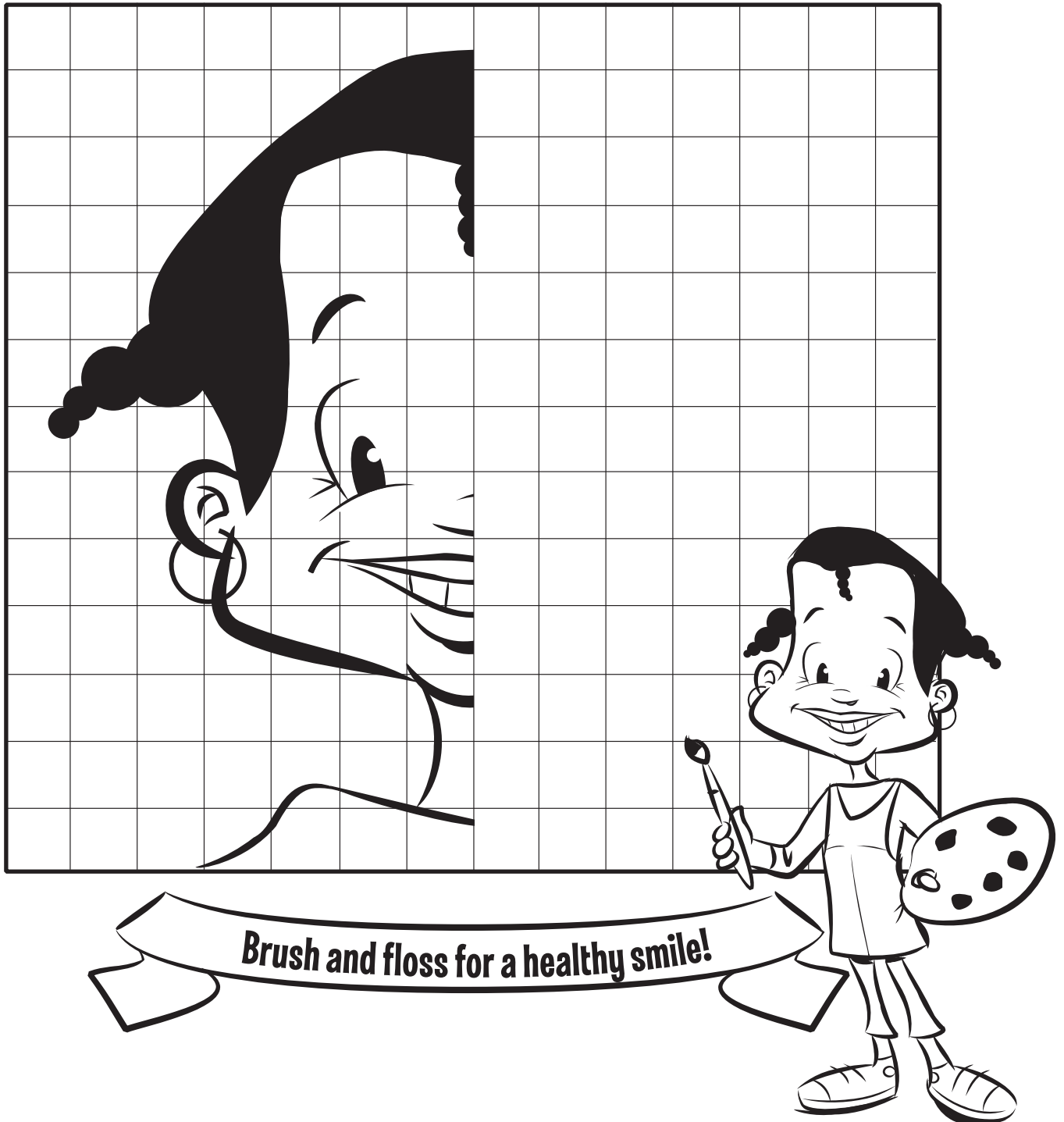
"Looks like you have been doing a good job \_\_\_\_\_ your teeth Den! I don't see any \_\_\_\_\_"

\_\_\_\_\_ healthy!"



# February is National Children's Dental Health Month!

Gen loves to paint portraits with big, beautiful smiles.  
Can you help her finish her self-portrait? Use the grid as a guide!

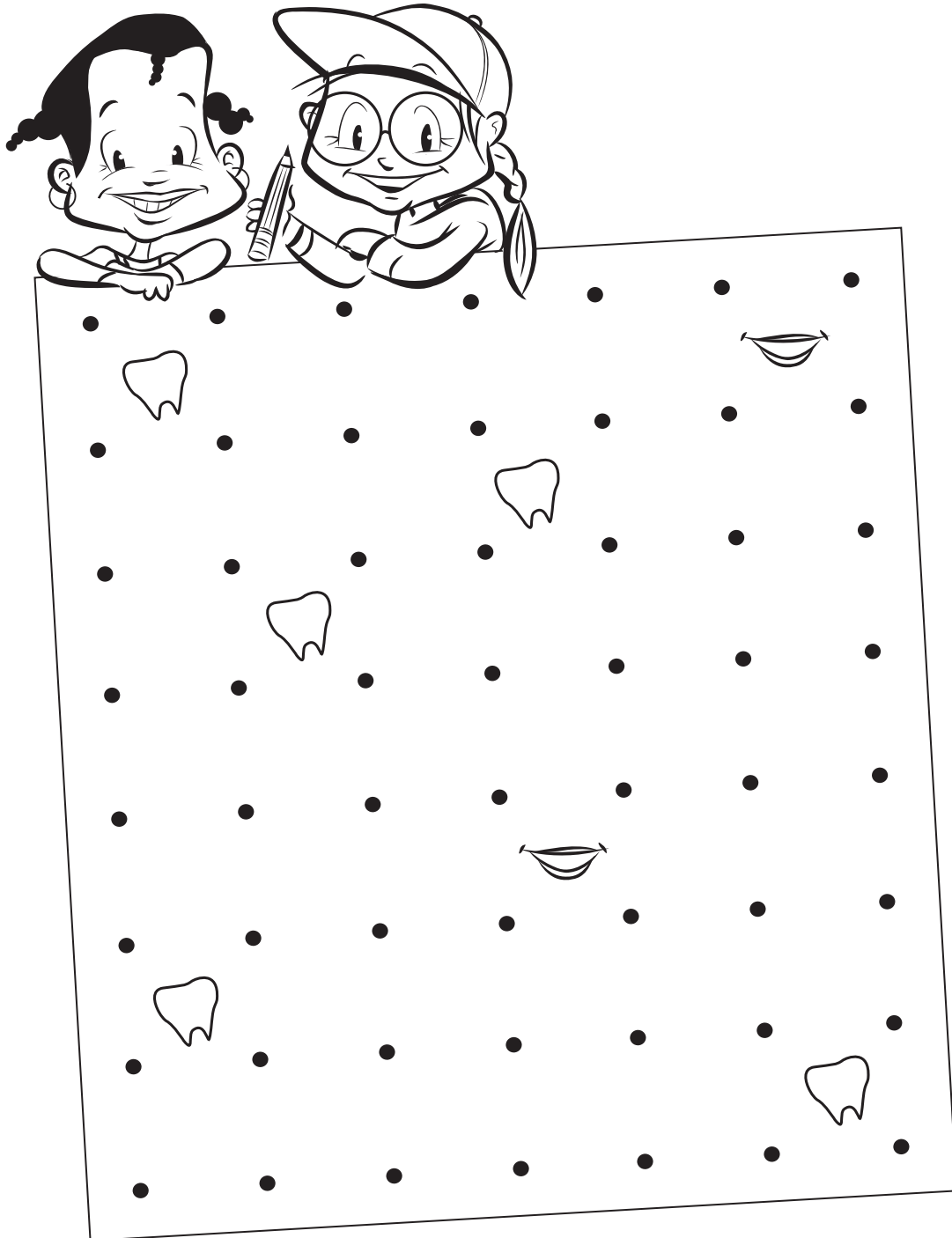


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## PLAY CONNECT FOUR WITH GEN AND FLOSSY!

Take turns with a friend connecting the dots. If you make a square, give yourself 1 point.

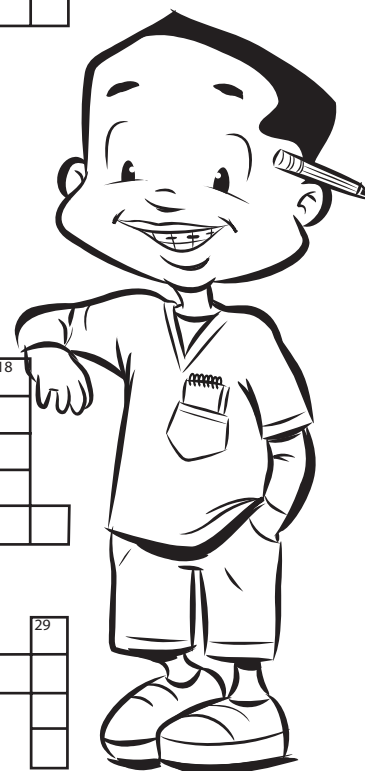
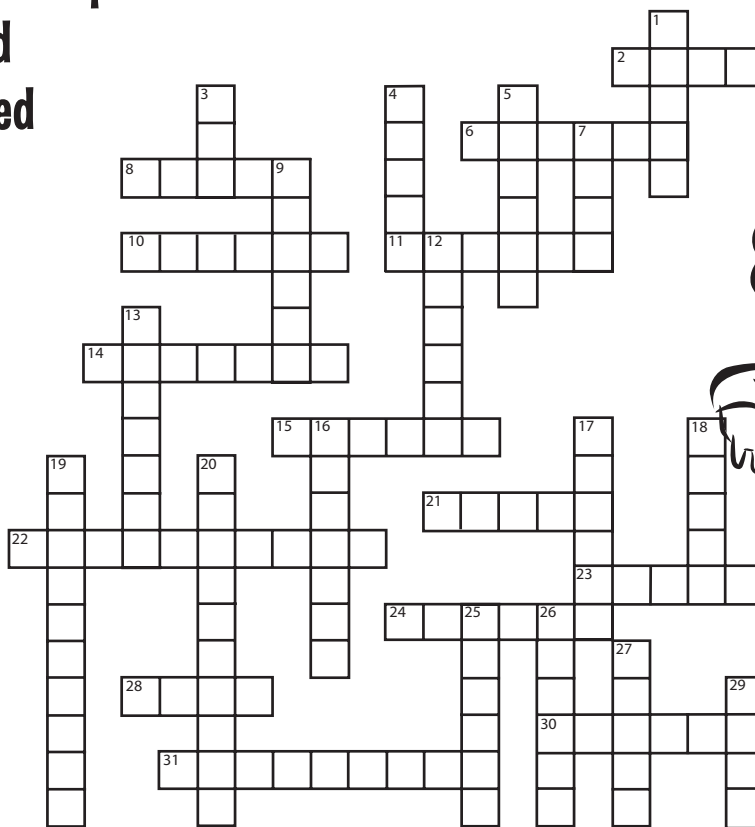
A square with a  is worth 2 points. A square with a  is worth 4 points.



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No one likes a crossword puzzle more than Den.

He's already finished this one so if you need help see the answer key at the bottom of the page.



## ACROSS

- 2 Flossy loves to do \_\_\_\_\_ problems.
- 6 Don't forget to brush your \_\_\_\_\_.
- 8 Pictures of your teeth.
- 10 A \_\_\_\_\_ hygienist cleans your teeth at the dentist's office.
- 11 Buck loves to play \_\_\_\_\_.
- 14 Visit your \_\_\_\_\_ regularly.
- 15 Den and Gen's last name is \_\_\_\_\_.
- 21 Brush your teeth at least \_\_\_\_\_ a day.
- 22 Wear this to protect your smile while playing sports.
- 23 Flossy and Buck are \_\_\_\_\_.
- 24 Den wears \_\_\_\_\_ to straighten his teeth.
- 28 Your first teeth.
- 30 A dentist uses this to help see all your teeth.
- 31 The Smileys moved in down the street from the McGrinns so now they are \_\_\_\_\_.

- 4 Clean between your teeth with dental \_\_\_\_\_.
- 5 \_\_\_\_\_ are back teeth used for grinding food.
- 7 They hold your teeth in place.
- 9 Limit between meal \_\_\_\_\_.
- 12 If not removed, can lead to cavities.
- 13 What your dentist applies to protect teeth from decay.
- 16 Buck and Flossy's last name is \_\_\_\_\_.
- 17 Only eat sparingly to keep your smile healthy.
- 18 The part of a tooth that you can see is called the \_\_\_\_\_.
- 19 Use this to keep teeth clean
- 20 Broccoli and carrots are nutritious \_\_\_\_\_.
- 25 Gen loves to draw and paint, she wants to be an \_\_\_\_\_.
- 26 The hard outer layer of a tooth.
- 27 Most kids have all their baby teeth by the age of \_\_\_\_\_.
- 29 Smile.

## DOWN

- 1 Drink this instead of soda pop.
- 3 Use only a \_\_\_\_\_-sized amount of toothpaste when you brush.

ACROSS: 2 - MATH, 6 - TONGUE, 8 - X-RAYS, 10 - DENTAL, 11 - SPORTS, 14 - DENTIST, 15 - SMILEY, 21 - TWICE, 22 - MOUTHGUARD, 23 - TWINS, 24 - BRACES, 28 - BABY, 30 - MIRROR, 31 - NEIGHBORS  
 DOWN: 1 - WATER, 3 - PEACH FLOSS, 4 - FLOSS, 5 - MOLARS, 7 - GUMS, 9 - SNACKS, 12 - PLAQUE, 13 - SEALANT, 16 - MCGRINN, 17 - SWEETS, 18 - CROWN, 19 - TOOTHBRUSH, 20 - VEGETABLES, 25 - ARTIST, 26 - ARTIST, 26 - ENAMEL, 27 - THREE, 29 - GRIN

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## MATH MAZE

**Flossy is visiting the dentist but not sure how to get there. Help her find her way!  
Do the math problems along the paths. If your answer is an even number,  
you're on the right path. If it's odd, better turn back!**

