

PRESCRIPTION OR OVER-THE-COUNTER MEDICATIONS MAY HAVE AN AFFECT ON YOUR ORAL HEALTH. BEING AWARE OF POSSIBLE MEDICAL SIDE EFFECTS CAN HELP YOU MAINTAIN A BEAUTIFUL SMILE AND GOOD ORAL HYGIENE.

IN THE WINTER MONTHS, ANTIHISTAMINES ARE OFTEN USED. WHILE THEY HELP EASE THE EFFECTS OF A COLD, THEY ALSO CAUSE A DECREASE OF SALIVA, WHICH MAY LEAD TO DRY MOUTH. TO HELP ALLEVIATE DRY MOUTH TRY USING SUGARLESS GUM AND LOZENGES OR DRINKING MORE WATER TO STIMULATE SALIVA.

ASPIRIN & ANTICOAGULANTS WHICH HELP IN REDUCING BLOOD CLOTTING ARE OFTEN PRESCRIBED AS TREATMENT FOR PEOPLE WITH HEART DISEASE. HOWEVER, A SIDE EFFECT IS ABNORMAL BLEEDING.

YOUR DENTIST WILL NEED TO CONSIDER THAT BEFORE PERFORMING ORAL SURGERY OR PERIODONTAL TREATMENT.

WHATEVER MEDICATION YOU MAY BE TAKING, REGARDLESS, IF IT'S OVER-THE-COUNTER OR A PRESCRIPTION, BE SURE YOUR DENTIST IS AWARE OF IT. THAT INFORMATION CAN HELP PROVIDE SAFE AND EFFECTIVE DENTAL CARE.

FOR THE ADA DENTAL MINUTE, I'M DR. MARIA LOPEZ HOWELL.

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