

#DM2002-35

“TOOTH EXTRACTION”

DEPENDING ON THE LEVEL OF TOOTH DECAY YOU HAVE, YOUR DENTIST MAY SUGGEST A TOOTH EXTRACTION. A TOOTH EXTRACTION IS A COMMON DENTAL PROCEDURE AND AFTER TREATMENT, IF YOU FOLLOW A FEW SIMPLE GUIDELINES, YOUR MOUTH WILL BE BACK TO NORMAL IN NO TIME.

BLEEDING IS A TYPICAL PART OF THE HEALING PROCESS. BEFORE LEAVING THE DENTIST'S OFFICE, A GAUZE PACK MAY BE APPLIED TO THE EXTRACTION SITE. LEAVE THE GAUZE IN YOUR MOUTH FOR 30 TO 45 MINUTES. IF BLEEDING CONTINUES AFTER REMOVING THE GAUZE, REAPPLY A FRESH, DAMP GAUZE PAD TO THE AREA.

FLOSS ONCE A DAY AND BRUSH YOUR TEETH AND TONGUE TWICE A DAY, BUT AVOID THE TEETH NEXT TO THE HEALING TOOTH SOCKET. GENTLY RINSE YOUR MOUTH. VIGOROUS RINSING MAY LENGTHEN THE HEALING PROCESS. AVOID USING MOUTHWASH FOR THE FIRST FEW DAYS.

IF YOU NOTICE HEAVY BLEEDING OR EXPERIENCE NAUSEA CONTACT YOUR DENTIST RIGHT AWAY AND YOU WILL BE ADVISED ON WHAT TO DO.

FOR THE ADA DENTAL MINUTE, I'M DR. MARIA LOPEZ HOWELL.