

Flossing Demonstration

Purpose: Teach children reasons for and proper procedure of flossing.

Duration: 30 minutes

Materials Needed: Yarn, tempera paint

Instructions:

- Show children the floss, and have two students volunteer to demonstrate flossing.
- One child holds hands together with finger straight up and tight against each other. These are the teeth.
- The other child uses yarn to floss between the fingers.
- For an alternate variation, smear tempera paint representing plaque between the fingers of the child representing the teeth. In this way, the children will see the floss cleaning between the teeth.