

For many years, dentists have been coming together in an organized way to help each other with personal problems. It started with support from recovering dentists, and then with support from others with a sympathetic understanding of the disease of alcoholism and substance use disorders, all working to put a system in place to reach out to those who were still suffering. Dentists, dental students, and dental team members can experience physical and mental health and well-being issues like the general public and having a resource to turn to, such as this well-being programs directory, may promote help-seeking behavior.

Peer assistance is just what it sounds like -- one colleague being available to assist another with a particular need. Over the years, helping hands have also been extended to dental professionals with depression or other mental health disorders; extending assistance to those whose edges are frayed from chronic stress or burnout.

This State Well-Being Programs Directory provides a list of state contacts to help connect you to support during your time of need. ADA Wellness Ambassadors are also included because these volunteers have offered to be a resource. This directory compiles information provided by state dental societies in the Tripartite and other external organizations.

Additionally, this updated directory also includes contacts at the 28 Physician Health Programs (PHPs) that are members of the Federation of State Physician Health Programs (FSPHP) and provide a therapeutic alternative to discipline for dentists. These 28 FSPHP member programs provide confidential resources for physicians, other licensed healthcare professionals, or those in training suffering from addictive, psychiatric, medical, behavioral or other potentially impairing conditions are available. 28 of these programs are available to dentists which includes: Arizona (Community Bridges, Inc.), Arizona (Gateway Recovery Institute), Arkansas, Connecticut, Delaware, Florida, Hawaii, Idaho, Illinois, Louisiana, Michigan, Minnesota, Missouri (University of Missouri Physician and Health Professionals Wellness Program), Montana (Maximus), Nevada, New Hampshire, New Jersey, New Mexico, Ohio, Oklahoma, Oregon, Pennsylvania, Rhode Island, South Carolina, Utah, Virginia, Washington, and Wyoming. Please find your state program here: [State Programs](#).

#### DISCLAIMER

This publication is purely informational only and does not constitute professional, medical or legal advice; readers are advised to consult with their own professional resources to obtain any such advice. A listing of an individual, entity or organization (whether by name, address, phone number, website or otherwise) in this publication does not constitute a recommendation or referral of or by the American Dental Association (ADA). To the extent that this publication includes links to any website, ADA intends no endorsement of their content, nor of the individuals, entities, or organizations that provide their content. The ADA does not endorse any of the information, recommendations, products or services of non-ADA resources that may be identified herein or provided by or through the resources, individuals, entities or organizations identified herein.



## American Dental Association

### American Dental Association

401 N. Michigan Avenue, Suite 3300  
Chicago, Illinois 60611  
Phone: 312.440.2500

### Council on Dental Practice (CDP) and its Dental Team Wellness Advisory Committee (DWAC)

Phone: 312.440.2895  
Email: [dentalpractice@ada.org](mailto:dentalpractice@ada.org)

Though reasonable efforts have been made to ensure accuracy of information in this book, we apologize for any errors that are captured in this updated digital version of the directory from April 2025. This Directory is also available on the ADA’s website where updates are done periodically.

Requests for additions, deletions, or corrections should be addressed to:

American Dental Association  
Center for Dental Practice Policy  
Dental Team Wellness Advisory Committee (DWAC)  
401 N. Michigan Ave., Suite 3300  
Chicago, Illinois 60611 or  
Phone: 312.440.2895  
Email: [dentalpractice@ada.org](mailto:dentalpractice@ada.org)

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## ALABAMA

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### Alabama Dental Association

836 Washington Avenue  
Montgomery, AL 36104  
Phone: 334.265.1684  
Email: [contactus@aldaonline.org](mailto:contactus@aldaonline.org)  
Web: [www.aldaonline.org](http://www.aldaonline.org)

### Alabama Dental Professionals Wellness Committee

Contact: Dr. Michael C. Garver  
Phone: 251.605.2883  
800.818.3880 (Secure Hotline)  
Email: [mcg1309@gmail.com](mailto:mcg1309@gmail.com)

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## ALASKA

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### Alaska Dental Society

4300 B Street, Suite 410  
Anchorage, AK 99503  
Staff Contact: Tracey Harmon, Executive Director  
Phone: 907.563.3003 Cell: 907.713.5079  
Email: [tharmon@akdental.org](mailto:tharmon@akdental.org)  
Web: [www.akdental.org](http://www.akdental.org)

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## ARIZONA

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### Arizona Dental Association

3193 N. Drinkwater Boulevard  
Scottsdale, AZ 85251  
Phone: 480.344.5777  
Email: [azda@azda.org](mailto:azda@azda.org)  
Web: [www.azda.org](http://www.azda.org)

Staff Contact: Michel A. Sucher, MD, Medical  
Director and Contract Manager  
Phone: 480.990.3111  
Email: [MSucher@cbridges.com](mailto:MSucher@cbridges.com)  
Web: <https://www.fsphp.org/arizona>

### Dentists Concerned for Dentists

Staff Contact: Corbin McKim  
Phone: 480.344.5777 ext. 303  
Email: [corbin@azda.org](mailto:corbin@azda.org)

### Gateway Recovery Institute

Phone: 480.981.2405  
Email: [php@gatewayrecoveryinstitute.com](mailto:php@gatewayrecoveryinstitute.com)  
Web: <https://www.fsphp.org/gateway-recovery-institute>

### FSPHP Member Programs Supporting Dentists

#### Community Bridges, Inc.

Phone: 480.981.2405  
Email: [php@gatewayrecoveryinstitute.com](mailto:php@gatewayrecoveryinstitute.com)  
Web: <https://www.fsphp.org/gateway-recovery-institute>



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## ARKANSAS

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### Arkansas State Dental Association

2501 Crestwood, Suite 205  
N. Little Rock, AR 72116  
Staff Contact: Billy Tarpley  
Executive Director  
Phone: 501.834.7650  
Email: [billy@arkansasdentistry.org](mailto:billy@arkansasdentistry.org)  
Web: <https://arkansasdentistry.org>

### Caring Dentist Committee

Contact: Dr. Tina Nichols  
Phone: 501.312.7576  
Email: [tkhn2@yahoo.com](mailto:tkhn2@yahoo.com)

### FSPHP Member Programs Supporting Dentists

#### Arkansas Medical Foundation

Phone: 501.224.9911  
Email: [director@arkmedfoundation.org](mailto:director@arkmedfoundation.org)  
Web: <https://www.fsphp.org/arkansas>

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## CALIFORNIA

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### California Dental Association

1201 K Street  
Sacramento, CA 95814  
Phone: 800.232.7645  
Email: [info@cda.org](mailto:info@cda.org)  
Web: [www.cda.org](http://www.cda.org)

### California Dental Association, Wellness Committee

Staff Contact: Mary McCune  
Email: [thecdafoundation@cda.org](mailto:thecdafoundation@cda.org)  
Web: [www.cda.org/Wellness-Program](http://www.cda.org/Wellness-Program)

### Central California

Contact: Dr. Matthew Korn  
Phone: 916.947.5676  
Email: [drmatt@ariaperio.com](mailto:drmatt@ariaperio.com)

### Northern California

Contact: Dr. Donald Fowkes  
Phone: 530.864.4264

### Los Angeles

Contact: Dr. Steven Goldy  
Phone: 310.487.5040

### San Francisco/Bay Area

Contact: Dr. Matthew Korn (interim)  
Phone: 916.947.5676  
Email: [drmatt@ariaperio.com](mailto:drmatt@ariaperio.com)

### San Diego

Contact: Dr. Rick Hagstrom  
Phone: 619.851.4494



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## COLORADO

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### Colorado Dental Association

8301 East Prentice Avenue, Suite 400  
Greenwood Village, CO 80111  
Phone: 303.740.6900  
Staff Contact: Molly Pereira,  
Executive Director  
Email: [molly@cdaonline.org](mailto:molly@cdaonline.org)

### Concerned Colorado Dentists

Contact: Dr. Brett Kessler  
Phone: 720.989.7960  
Email: [bikodds@gmail.com](mailto:bikodds@gmail.com)  
Web: [www.cdaonline.org/wellness](http://www.cdaonline.org/wellness)

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## CONNECTICUT

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### Connecticut State Dental Association

835 W. Queen Street  
Southington, CT 06489  
Phone: 860.378.1800  
Email: [info@csda.com](mailto:info@csda.com)  
Staff Contact: Kathlene Gerrity,  
Executive Director  
Email: [kgerrity@csda.com](mailto:kgerrity@csda.com)

### FSPHP Member Programs Supporting Dentists

Health Assistance InterVention Education Network  
(HAVEN) for Connecticut Health Professionals  
Phone: 860.828.3175  
Email: [contact@haven-ct.org](mailto:contact@haven-ct.org)  
Web: [www.haven-ct.org](http://www.haven-ct.org)

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## DELAWARE (NO PROGRAM)

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### Delaware State Dental Society

200 Continental Drive, Suite 111  
Newark, DE 19713  
Phone: 302.368.7634  
Email: [dedentalsociety@gmail.com](mailto:dedentalsociety@gmail.com)  
Web: [www.delawarestatedentalsociety.org](http://www.delawarestatedentalsociety.org)  
Staff Contact: Betty Dencler

### FSPHP Member Programs Supporting Dentists

Delaware Professionals' Health Monitoring Program  
(DPHMP)  
Phone: 855.575.9350  
Email: [Monitoring@ibhsolutions.com](mailto:Monitoring@ibhsolutions.com)  
Web: <https://www.fsphp.org/delaware-professionals-health-monitoring-program>

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## DISTRICT OF COLUMBIA

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### District of Columbia Dental Society

502 C Street, N.E.  
Washington, DC 20002  
Phone: 202.367.1163  
Email: [info@dcdental.org](mailto:info@dcdental.org)  
Web: [www.dcdental.org](http://www.dcdental.org)  
Staff Contact: Kurt Gallagher,  
Executive Director  
Phone: 202.367.1279  
Email: [kgallagher@dcdental.org](mailto:kgallagher@dcdental.org)

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## FLORIDA

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### Florida Dental Association

545 John Knox Road, Suite 200  
Tallahassee, FL 32303  
Phone: 850.350.7109  
Email: [fda@floridadental.org](mailto:fda@floridadental.org)  
Web: [www.floridadental.org](http://www.floridadental.org)  
Staff Contact: Larry Darnell, Director of Strategic  
Initiatives and Technology  
Phone: 850.681.3629 x 7102  
Email: [ldarnell@floridadental.org](mailto:ldarnell@floridadental.org)

FDA's Healthy Dentist Information and Member  
Assistance Program (MAP)

Web: <https://www.floridadental.org/healthydentist>

### FSPHP Member Programs Supporting Dentists

#### Professionals Resource Network (PRN)

Phone: 800.888.8776  
Email: [admin@flprn.org](mailto:admin@flprn.org)  
Web: <https://fsphp.memberclicks.net/professionals-resource-network--prn->

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## GEORGIA

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### Georgia Dental Association

7000 Peachtree Dunwoody Road, N.E.  
Atlanta, GA 30328-1615  
Phone: 404.636.7553  
Web: [www.gadental.org](http://www.gadental.org)  
Staff Contact: Emma Paris  
Email: [emma@gadental.org](mailto:emma@gadental.org)

### GDA Dental Recovery Network

Web: <https://www.gadental.org/member-center/membership-benefits/dental-recovery-network>  
Contact: Jane Walter, ME.d., LPC  
Phone: 404.376.5987  
Email: [jwgda@aol.com](mailto:jwgda@aol.com)



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## HAWAII

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### Hawaii Dental Association

500 Ala Moana Blvd  
Suite 7-411  
Honolulu, HI 96813

Phone: 808.593.7956

Web: [www.hawaiidentalassociation.net](http://www.hawaiidentalassociation.net)

Email: [hda@hawaiidentalassociation.net](mailto:hda@hawaiidentalassociation.net)

Contact: Dr. Michelle Zhou, Well-Being Chair

Phone: 808-593-7956

Email: [hda@hawaiidentalassociation.net](mailto:hda@hawaiidentalassociation.net)

Staff Contact: Kim Nguyen,  
Executive Director

Email: [kim@hawaiidentalassociation.net](mailto:kim@hawaiidentalassociation.net)

### FSPHP Member Programs Supporting Dentists

Hawaii Program for Healthcare Professionals: Pu'ulu  
Lapa'au

Staff Contact: [angela.gough@hawaiiphp.org](mailto:angela.gough@hawaiiphp.org)

Phone: 808.593.7444

Email: [angela.gough@hawaiiphp.org](mailto:angela.gough@hawaiiphp.org)

Web: <https://www.fsphp.org/hawaii>

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## IDAHO

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### Idaho State Dental Association

1220 W. Hays Street  
Boise, ID 83702

Phone: 208.343.7543

Web: [www.theisda.org](http://www.theisda.org)

Staff Contact: Jeremy Miller, Membership  
Engagement and Communications Manager

Email: [jeremy@theisda.org](mailto:jeremy@theisda.org)

Brittney Penberthy, DDS, Idaho State Dental  
Association Wellness Committee Chair, and District  
11 Wellness Ambassador

Email: [penbertb@rocky.edu](mailto:penbertb@rocky.edu)

Office phone: 208-667-8622

Mobile: 208-771-1170

### FSPHP Member Programs Supporting Dentists

#### Physician Recovery Network

800 S Industry Way, Suite 300  
Meridian, ID 83642

Staff Contact: Tina Baird, Compliance Manager

Phone: 208.323.9555

Email: [tina@southworthassociates.net](mailto:tina@southworthassociates.net)

Web: [Physician Recovery Network | ID Intervention  
Services](http://PhysicianRecoveryNetwork.com)

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**ILLINOIS**

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**Illinois State Dental Society**

1010 S. 2nd Street  
Springfield, IL 62704  
Phone: 217.525.1406  
Email: [info@isds.org](mailto:info@isds.org)  
Web: [www.isds.org](http://www.isds.org)

Staff Contact: Jennifer Walker Email:  
[jwalker@isds.org](mailto:jwalker@isds.org)

**ISDS Foundation Dentists Support Program**

Chairman: Dr. William B. Hamel III  
Phone: 312.318.8810  
Email: [hmlshepard@gmail.com](mailto:hmlshepard@gmail.com)

**Illinois State Dental Society Foundation**

Phone: 217-525-1406  
Email: [foundation@isds.org](mailto:foundation@isds.org)  
Web:  
<https://www.isds.org/foundation/programs/dentists-support-program>

Staff Contact: Jennifer Walker  
Email: [jwalker@isds.org](mailto:jwalker@isds.org)

**FSPHP Member Program that Supports Dentists****Illinois Professionals Health Program**

Staff Contact: Terry Lavery, LCPC, Case Manager  
Phone: 800.215.HELP (4357)  
Email: [TLavery@illinoisphp.com](mailto:TLavery@illinoisphp.com)  
Web: <https://www.fspHP.org/illinois>

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**INDIANA**

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**Indiana Dental Association**

Phone: 317.634.2610  
Staff Contact: Douglas Bush,  
Executive Director  
Email: [doug@indentall.org](mailto:doug@indentall.org)  
Web: [www.indentall.org](http://www.indentall.org)

**Indiana Well-Being Program**

Staff Contact: Ed Rosenbaum  
Phone: 800.562.5646  
Email: [edr@indentall.org](mailto:edr@indentall.org)  
Staff Contact: Candace Backer  
Phone: 317.514.1865  
Email: [wellbeing@indentall.org](mailto:wellbeing@indentall.org)  
Chair: Dr. Chris Kirkup  
Email: [ckirkup@iomsa.com](mailto:ckirkup@iomsa.com)  
Web: <https://indentall.org/about/well-being-program/>

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## IOWA

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### Iowa Dental Association

666 Grand Avenue, Suite 901  
Des Moines, IA 50309  
Phone: 515.331.2298  
Laurie Traetow, CAE, Executive Director  
Email: [info@iowadental.org](mailto:info@iowadental.org)  
Web: [www.iowadental.org](http://www.iowadental.org)

### IADAPT (Iowa Dental Advocacy for Professional and Personal Thriving)

Webpage: <https://www.iowadental.org/iadapt>

### Iowa Practitioner Program

Staff Contact: Angela Davidson  
Phone: 515.725.4112  
Email: [Angela.Davidson@iowa.gov](mailto:Angela.Davidson@iowa.gov)

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## KANSAS

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### Kansas Dental Association

5200 SW Huntoon Street  
Topeka, KS 66604-2365  
Phone: 785.272.7360  
Web: [www.ksdental.org/](http://www.ksdental.org/)

### Kansas Wellness Program

Staff Contact: Niki Sadler, Program Director  
Phone: 785.272.7360  
Email: [niki@ksdental.org](mailto:niki@ksdental.org)  
Web: <https://www.ksdental.org/resources/wellness-program>  
Contact: Dr. Russell Coad  
Phone: 316.773.3882  
Email: [rlcoad@lakesidedentalks.com](mailto:rlcoad@lakesidedentalks.com)

### Heart of America Professional Network

Phone: 913-236-7575

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## KENTUCKY

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### Kentucky Dental Association

1920 Nelson Miller Parkway  
Louisville, KY 40223-2164  
Phone: 502.489.9121  
Web: [www.kyda.org](http://www.kyda.org)

### Kentucky Professional Recovery Network (KYPRN)

Staff Contact: Brian Fingerson, RPH, Founder  
Phone: 502.262.9342  
Email: [kyprn@att.net](mailto:kyprn@att.net)  
Web: [www.kyprn.com](http://www.kyprn.com)  
Staff Contact: Emily Caporal, Director  
Phone: 502.230.8442  
Email: [emily@kyprn.com](mailto:emily@kyprn.com)



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## LOUISIANA

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### Louisiana Dental Association

5637 Bankers Ave  
Baton Rouge, LA 70808  
Phone: 225.926.1986  
Email: [info@ladental.org](mailto:info@ladental.org)

Web: [www.ladental.org](http://www.ladental.org)

Staff Contact: Dr. Francesca Velasco  
Phone: 504.333.6353  
Email: [drfvelasco@neworleans-smiles.com](mailto:drfvelasco@neworleans-smiles.com)

### FSPHP Member Programs Supporting Dentists

#### Healthcare Professionals' Foundation of Louisiana

4303 Bluebonnet Blvd.  
Baton Rouge, LA 70809  
Staff Contact: David Hammond, MD, FASAM,  
Medical Director  
Phone: 225.291.5000  
Email: [jdhammond@hpfla.org](mailto:jdhammond@hpfla.org)  
Web: <https://www.fsphp.org/louisiana>

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## MAINE

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### Maine Dental Association

P.O. Box 215  
Manchester, ME 04351  
Phone: 207.622.7900  
Staff Contact: Therese Cahill,  
Executive Director  
Email: [tcahill@medental.org](mailto:tcahill@medental.org)  
Email: [info@medental.org](mailto:info@medental.org)  
Web: [www.medental.org](http://www.medental.org)

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## MARYLAND

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### Maryland State Dental Association

6410 F Dobbin Road, Suite F  
Columbia, MD 21045-4774  
Phone: 410.964.2888  
Email: [mddent@msda.com](mailto:mddent@msda.com)  
Web: [www.msda.com](http://www.msda.com)  
Staff Contact: Dorian Birkholz, Deputy Director  
Phone: 410.964.2880 ext 114  
Email: [dorian@msda.com](mailto:dorian@msda.com)

### MSDA Dentist Well-Being Committee

Staff Contact: Robert White, LCPC,  
Clinical Coordinator  
Phone: 888.233.9044  
Email: [rwhite@som.umaryland.edu](mailto:rwhite@som.umaryland.edu)  
Web: <https://dentistwellbeing.com>  
Contact: Dr. Robert Miller  
Phone: 410.535.4050  
Email: [rgmillerhjf@hotmail.com](mailto:rgmillerhjf@hotmail.com)

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## MASSACHUSETTS

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### Massachusetts Dental Society

Two Willow Street, #200  
Fayville, MA 01745-1020  
Phone: 800.342.8747  
Email: [madental@massdental.org](mailto:madental@massdental.org)  
Web: [www.massdental.org](http://www.massdental.org)

### Committee on Health and Wellness

Staff Contact: Janine Avery  
Email: [Javery@massdental.org](mailto:Javery@massdental.org)

### Dentists Concerned for Dentists (DCD)

Staff Contact: Dr. Alan Budd  
Phone: 800.468.2004  
Email: [alanb@dcdma.org](mailto:alanb@dcdma.org)  
Web: <https://dcdma.org>

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## MICHIGAN

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### Michigan Dental Association

3657 Okemos Road, Suite 200  
Okemos, MI 48864-3927  
Phone: 517.372.9070  
Email: [mda@michigandental.org](mailto:mda@michigandental.org)  
Web: [www.smilemichigan.com](http://www.smilemichigan.com)

### FSPHP Member Programs Supporting Dentists

#### Michigan Health Professional Recovery Program

Phone: 800.453.3784  
Email: [hprp@hprp.org](mailto:hprp@hprp.org)  
Web: <https://www.fsphp.org/michigan>

Staff Contact: Karen Hart, LMSW, ACSW  
Manager, Professional Review and Practice  
Management  
Phone: 517.346.9453  
Email: [khart@michigandental.org](mailto:khart@michigandental.org)  
Web: [www.michigandental.org/member-center/member-services/health-and-well-being](http://www.michigandental.org/member-center/member-services/health-and-well-being)

Dr. Margaret Gingrich, ADA Council on Dental  
Practice (CDP) Member and chair, Dental Team  
Wellness Advisory Committee (DWAC) Member  
Email: [drmargaret04@gmail.com](mailto:drmargaret04@gmail.com)

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## MINNESOTA

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### Minnesota Dental Association

1335 Industrial Boulevard N.E., Suite 200  
Minneapolis, MN 55413-4801  
Phone: 612.767.8400  
Email: [info@mndental.org](mailto:info@mndental.org)  
Web: [www.mndental.org/members/wellness](http://www.mndental.org/members/wellness)

### Dentists Concerned for Dentists of Minnesota

Staff Contact: Dawn Jensen  
Phone: 651.275.0313  
Email: [Djensen@mndental.org](mailto:Djensen@mndental.org)  
Web: <https://www.mndental.org/members/wellness/dentists-concerned/>

### FSPHP Member Programs Supporting Dentists

Minnesota Health Professionals Service Program  
Phone: 651.642.0487  
Email: [hlbhpsp@state.mn.us](mailto:hlbhpsp@state.mn.us)  
Web: <https://www.fsphp.org/minnesota>

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## MISSISSIPPI

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### Mississippi Dental Association

439 Katherine Drive, #B  
Flowood, MS 39232-9781  
Phone: 601.664.9691  
Email: [wahnee@msdental.org](mailto:wahnee@msdental.org)  
Web: [www.msdental.org](http://www.msdental.org)

### MDA Member Support Service

Staff Contact: Dorothy Singleton, Coordinator of  
Members Services  
Phone: 601.664.9691  
Email: [dorothy@msdental.org](mailto:dorothy@msdental.org)

### Professionals Health Network, Inc.

Contact: Gary Carr, MD, Medical Director  
Phone: 601.261.9899  
Email: [dyoung@professionalshealthnetwork.com](mailto:dyoung@professionalshealthnetwork.com)  
Web: [Professionals Health Network](http://Professionals Health Network)



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## MISSOURI

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### Missouri Dental Association

3340 American Avenue  
Jefferson City, MO 65109  
Phone: 573.634.3436  
Email: [info@modental.org](mailto:info@modental.org)  
Web: [www.modental.org](http://www.modental.org)

### Dental Well Being Foundation

Staff Contact: Rebecca Mowen,  
Dental Well Being Program Administrator  
Phone: 314.435.1101  
Email: [wellbeing@modental.org](mailto:wellbeing@modental.org)  
Web: [Dental Well Being Foundation](http://DentalWellBeingFoundation.org)  
Staff Contact: Paul Roberts,  
Outreach Director  
Email: [paul@modentalmail.org](mailto:paul@modentalmail.org)

### FSPHP Member Programs Supporting Dentists

#### University of Missouri Physician and Health Professionals Wellness Program

Phone: 573.632.5562  
Staff Contact: Lori Rosburg, LPC, Associate Director  
Email: [lori.rosburg@health.missouri.edu](mailto:lori.rosburg@health.missouri.edu)  
Web: <https://www.fspHP.org/university-of-missouri-physician-and-health-professionals-wellness-program>

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## MONTANA

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### Montana Dental Association

P.O. Box 1154  
Helena, MT 59624-1154  
Phone: 406.431.9508  
Staff Contact: Webb Brown,  
Executive Director  
Email: [Webb@MontanaDental.org](mailto:Webb@MontanaDental.org)  
Web: <https://montanadental.org>

### FSPHP Member Programs Supporting Dentists

#### Maximus Montana Recovery Program

Phone: 833.397.7500  
Email: [Ask-MTRecovery@Maximus.com](mailto:Ask-MTRecovery@Maximus.com)  
Web: [www.montanarecoveryprogram.com](http://www.montanarecoveryprogram.com)

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**NEBRASKA**

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**Nebraska Dental Association**

7160 S. 29th, Suite 1  
Lincoln, NE 68516  
Phone: 402.476.1704  
Email: [nda@windstream.net](mailto:nda@windstream.net)  
Web: [www.nedental.org](http://www.nedental.org)

**Nebraska Licensee Assistance Program**

Phone: 800.851.2336 or 402.354.8055  
Web: <https://bestcareeap.org/nebraska-licensee-assistance-program>  
Contact: Dr. Bill Corcoran  
Phone: 402.630.2361  
Email: [corcoran2@cox.net](mailto:corcoran2@cox.net)

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**NEVADA**

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**Nevada Dental Association**

8863 W. Flamingo Road, Suite 102  
Las Vegas, NV 89147  
Phone: 702.255.4211  
Email: [info@nvda.org](mailto:info@nvda.org)  
Web: [www.nvda.org](http://www.nvda.org)  
Staff Contact: Marianna Kacyra  
Email: [mkacyra@nvda.org](mailto:mkacyra@nvda.org)

**Northern Nevada Dental Society**

Staff Contact: Lori Benvin,  
Executive Director  
Phone: 775.337.0296  
Email: [nnds@nndental.org](mailto:nnds@nndental.org)  
Web: [www.nndental.org](http://www.nndental.org)

**FSPHP Member Programs Supporting Dentists****Nevada Professionals Health Programs**

Staff Contact: Mark Chase PhD: Clinical Director  
Phone: 702.562.1230  
Email: [mark@nvphp.com](mailto:mark@nvphp.com)  
Web: <https://www.fsphp.org/nevada-professionals-health-programs>

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## NEW HAMPSHIRE

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### New Hampshire Dental Society

23 South State Street  
Concord, NH 03301-3721  
Phone: 603.225.5961  
Email: [nhds@nhds.org](mailto:nhds@nhds.org)  
Web: [www.nhds.org](http://www.nhds.org)  
Contact: Dr. Mark Hartzler  
Phone: 978.944.0651  
Email: [markhartzlerdmd@gmail.com](mailto:markhartzlerdmd@gmail.com)

### FSPHP Member Programs Supporting Dentists

#### New Hampshire Professionals Health Program

Staff Contact: Molly Rossignol, DO, FAAFP,  
FASAM, Medical Director  
Phone: 603.491.5036  
Email: [mrossignol@nhphp.org](mailto:mrossignol@nhphp.org)  
Web: <https://www.fspHP.org/new-hampshire>

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## NEW JERSEY

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### New Jersey Dental Association

One Dental Plaza  
North Brunswick, NJ 08902-4313  
Phone: 732.821.9400  
Reva Brennan, Chief Executive Director  
Email: [info@njda.org](mailto:info@njda.org)  
Web: [www.njda.org](http://www.njda.org)

### FSPHP Member Programs Supporting Dentists

#### Professional Assistance Program of New Jersey (PAPNJ)

Staff Contact: Louis E. Baxter, Sr., M.D., FASAM,  
Executive Medical Director  
Phone: 609.919.1660  
Email: [Louis.baxter@papnj.org](mailto:Louis.baxter@papnj.org)  
Web: <https://www.fspHP.org/new-jersey>

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## NEW MEXICO

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### New Mexico Dental Association

9201 Montgomery Boulevard NE  
Suite 601  
Albuquerque, NM 87111  
Phone: 505.294.1368  
Web: [www.nmdental.org](http://www.nmdental.org)  
Staff Contact: Dr. Thomas Schripsema,  
Executive Director  
Email: [tschrip@nmdental.org](mailto:tschrip@nmdental.org)  
Contact: Dr. Robert Gherardi

Phone: 505.293-6125  
Email: [rgherardi2@comcast.net](mailto:rgherardi2@comcast.net)



# State Well-Being Programs Directory

## FSPHP Member Programs Supporting Dentists

The New Mexico Health Professional Wellness  
Program

Phone: 505.271.0800  
Staff Contact: Adam Vareika, LCSW,  
Executive Director  
Email: [avareika@nmhwp.com](mailto:avareika@nmhwp.com)  
Web: <https://www.fsphp.org/new-mexico>

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## NEW YORK

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### New York State Dental Association

20 Corporate Woods Boulevard  
Suite 602  
Albany, NY 12211-2396  
Phone: 518.465.0044 ext. 250  
Email: [info@nysdental.org](mailto:info@nysdental.org)  
Web: [www.nysdental.org](http://www.nysdental.org)  
Staff Contact: Jacqueline J. Donnelly,  
Director, Dental Practice  
Support Member Experience  
Email: [jdonnelly@nysdental.org](mailto:jdonnelly@nysdental.org)

### NYSDA Committee Representative

Committee on Substance Abuse and Well-Being:  
Dr. Amy Bryan  
Email: [amybryandds@gmail.com](mailto:amybryandds@gmail.com)  
Web: [Substance Use Disorder & Mental Health](#)

### Committee on Substance Abuse and Well-Being

Staff Contact: Jacqueline J. Donnelly  
Email: [jdonnelly@nysdental.org](mailto:jdonnelly@nysdental.org)  
Phone: 518.689.2750  
Email: [jdonnelly@nysdental.org](mailto:jdonnelly@nysdental.org)

Contact: Dr. Robert J. Herzog,  
Peer Assistance Coordinator  
Phone: 716.830.3055  
Email: [rherzog@roadrunner.com](mailto:rherzog@roadrunner.com)

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## NORTH CAROLINA

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### North Carolina Dental Society

1600 Evans Road  
Cary, NC 27513-2790  
Phone: 919.677.1396  
Email: [ncds@ncdental.org](mailto:ncds@ncdental.org)  
Web: [www.ncdental.org](http://www.ncdental.org)

### North Carolina Caring Dental Professionals

Contact: Dr. Bill Claytor, Executive Director  
Hotline: 704.284.3039  
Email: [bclaytor@nccaringdental.com](mailto:bclaytor@nccaringdental.com)  
Web: [www.nccaringdental.com](http://www.nccaringdental.com)

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## NORTH DAKOTA

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### North Dakota Dental Association

P.O. Box 1332  
Bismarck, ND 58502-1332



# State Well-Being Programs Directory

Phone: 701.223.8870

Email: [info@smilenorthdakota.org](mailto:info@smilenorthdakota.org)

Web: [www.smilenorthdakota.org](http://www.smilenorthdakota.org)

Staff Contact: William Sherwin,

Executive Director

Email: [wsherwin@smilenorthdakota.org](mailto:wsherwin@smilenorthdakota.org)

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## OHIO

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### Ohio Dental Association

1370 Dublin Road

Columbus, OH 43215-1049

Phone: 614.486.2700

Email: [dentist@oda.org](mailto:dentist@oda.org)

Web: [www.oda.org](http://www.oda.org)

### Dentists Concerned for Dentists (DCD)

Staff Contact: Suzanne Brooks

Phone: 614.486.2700

Email: [suzy@oda.org](mailto:suzy@oda.org)

Web: <https://www.oda.org/member-center/health-and-wellness>

### FSPHP Member Programs Supporting Dentists

#### Ohio Professionals Health Program

Phone: 614.841.9690

Email: [info@ohiophp.org](mailto:info@ohiophp.org)

Web: <https://www.fsphp.org/ohio>

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## OKLAHOMA

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### Oklahoma Dental Association

317 NE 13th Street

Oklahoma City, OK 73104

Phone: 405.848.8873

Email: [information@okda.org](mailto:information@okda.org)

Web: [www.okda.org](http://www.okda.org)

Staff Contact: Shelly Frantz

Phone: 405.848.8873

Email: [sfrantz@okda.org](mailto:sfrantz@okda.org)

### FSPHP Member Programs Supporting Dentists

#### Oklahoma Health Professionals Program

Phone: 405.601.2536

Email: [ohpp@okmed.org](mailto:ohpp@okmed.org)

Web: <https://www.fsphp.org/oklahoma>



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## OREGON

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### Oregon Dental Association

P.O. Box 3710  
Wilsonville, OR 97070-3710  
Phone: 503.887.7773  
Staff Contact: Dr. Barry Taylor, Executive Director  
Email: [btaylor@oregondental.org](mailto:btaylor@oregondental.org)  
Web: [www.oregondental.org](http://www.oregondental.org)

### ODA Wellness Program

Contact: Dr. Julie Spaniel  
Phone: 503.906.8300

Office Phone: 802.598.1112

Email: [djsdds1@gmail.com](mailto:djsdds1@gmail.com)

Web: [www.oregondental.org/member-center/benefits-of-membership/wellness-initiative](http://www.oregondental.org/member-center/benefits-of-membership/wellness-initiative)

### FSPHP Member Programs Supporting Dentists

#### Oregon's Health Professionals' Services Program

Phone: 888.802.2843

Email: [hpsp@uprisehealth.com](mailto:hpsp@uprisehealth.com)

Web: <https://www.fsphp.org/oregon>

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## PENNSYLVANIA

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### Pennsylvania Dental Association

3501 N. Front Street  
Harrisburg, PA 17105-3341  
Phone: 717.234.5941  
Email: [ckc@padental.org](mailto:ckc@padental.org)  
Web: [www.padental.org](http://www.padental.org)

### Concerned Colleague Committee

Staff Contact: Kathleen Bumpers  
Phone: 717.234.5941, ext. 102  
Email: [kek@padental.org](mailto:kek@padental.org)

### FSPHP Member Programs Supporting Dentists

#### Pennsylvania Physicians' Health Program

Phone: 717.558.7819

Email: [php-foundation@pamedsoc.org](mailto:php-foundation@pamedsoc.org)

Web: <https://www.fsphp.org/pennsylvania>

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## RHODE ISLAND

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### Rhode Island Dental Association

875 Centerville Road, Building 4,  
Suite 12  
Warwick, RI 02886-4381  
Phone: 401.825.7700  
Web: [www.ridental.com](http://www.ridental.com)  
Contact: Dr. Robert Bartro  
Email: [bob@ridental.com](mailto:bob@ridental.com)

### FSPHP Member Programs Supporting Dentists

#### Rhode Island Medical Society's Physician Health Program

Staff Contact: Stephen Carreras, Ph.D., MSW,  
Program Director

Phone: 401.443.2383

Email: [scarreras@rimed.org](mailto:scarreras@rimed.org)

Web: <https://www.fsphp.org/rhode-island>



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## SOUTH CAROLINA

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### South Carolina Dental Association

120 Stonemark Lane  
Columbia, SC 29210-3841  
Phone: 800.327.2598 or 803.750.2277  
Web: [www.sdda.org](http://www.sdda.org)  
Staff Contact: Phil Latham,  
Executive Director  
Email: [lathamp@sdda.org](mailto:lathamp@sdda.org)

Dr. Nicholas Papadea  
ADA Council on Dental Practice (CDP) Member and  
Dental Team Wellness Advisory Committee (DWAC)  
Member  
Email: [nicksqueenb@aol.com](mailto:nicksqueenb@aol.com)

### FSPHP Member Programs Supporting Dentists

#### South Carolina Recovering Professional Program

Staff Contact: Tia Cooper, MA, LAC, AADC, NCACI,  
Program Director  
Phone: 803.896.5700  
Email: [tcooper@lradac.org](mailto:tcooper@lradac.org)  
Web: <https://www.fsphp.org/south-carolina-recovering-professional-program>

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## SOUTH DAKOTA

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### South Dakota Dental Association

804 N. Euclid Avenue, Suite 103  
Pierre, SD 57501-1719  
Phone: 605.224.9133  
Email: [info@sddental.org](mailto:info@sddental.org)  
Web: <https://www.sddental.org/member-center/wellbeing>  
Contact: Paul Knecht, Executive Director  
Phone: 605.609.1155  
Email: [paul.knecht@sddental.org](mailto:paul.knecht@sddental.org)

### South Dakota Health Professionals Assistance Program (HPAP)

Phone: 605.275.4711  
Web: [www.mwhms.com/hpap](http://www.mwhms.com/hpap)

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## TENNESSEE

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### Tennessee Dental Association

660 Bakers Bridge Avenue, Suite 300  
Franklin, TN 37067-6461  
Phone: 615.628.0208

Email: [tda@tenndental.org](mailto:tda@tenndental.org)  
Web: [www.tndentalassociation.com](http://www.tndentalassociation.com)

### Tennessee Dental Wellness Foundation



# State Well-Being Programs Directory

Contact: Dr. David Tiner, DDS, LMFT, Executive Director  
Phone: 615.628.3200

Email: [info@tdentalwellness.com](mailto:info@tdentalwellness.com)  
Web: <https://tdentalwellness.com>

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## TEXAS

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### Texas Dental Association

1946 South Interstate  
Austin, TX 78704-3644  
Phone: 512.443.3675  
Email: [tda@tda.org](mailto:tda@tda.org)  
Web: [www.tda.org](http://www.tda.org)  
Staff Contact: Staci Rives  
Email: [srives@tda.org](mailto:srives@tda.org)

### Professional Recovery Network of Texas

Hotline: 800.727.5152  
Web: [www.txprn.com](http://www.txprn.com)  
Contact: Raquel Leal, LPC, Program Director

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## UTAH

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### Utah Dental Association

1568 South 500 West, Suite 102  
Woods Cross, UT 84010  
Phone: 801.261.5315  
Email: [uda@uda.org](mailto:uda@uda.org)  
Web: [www.uda.org](http://www.uda.org)

Staff Contact: Becky Waters  
Email: [becky@uda.org](mailto:becky@uda.org)

Dr. Jaren Argyle, chair, Wellness Committee  
Email: [jarenargyle@gmail.com](mailto:jarenargyle@gmail.com)

### FSPHP Member Programs Supporting Dentists

#### Utah Professionals Health Program

Staff Contact: Kelli Jacobsen, MSW, LCSW, Program Manager  
Phone: 801.520.6291  
Email: [kellijacobsen@utah.gov](mailto:kellijacobsen@utah.gov)  
Web: <https://www.fsphp.org/utah>

### Utah Crisis Line

Phone: 800.273.Talk (8255)

### Utah Dept. of Health & Human Services

Location Map  
Web: <https://sumh.utah.gov/contact/location-map>  
Prevention, Treatment & Recovery Supports  
Web: <https://sumh.utah.gov/services>

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**VERMONT**

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**Vermont State Dental Society**

1 Kennedy Drive, Suite L3  
South Burlington, VT 05403-7165  
Phone: 802.864.0115  
Email: [info@vsds.org](mailto:info@vsds.org)  
Web: [www.vsds.org](http://www.vsds.org)  
Staff Contact: Patrick Gallivan,  
Executive Director  
Email: [Patrick.Gallivan@vsds.org](mailto:Patrick.Gallivan@vsds.org)

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**VIRGINIA**

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**Virginia Dental Association**

3460 Mayland Court, Suite 110  
Richmond, VA 23233  
Phone: 804.288.5750  
Email: [info@vadental.org](mailto:info@vadental.org)  
Web: [www.vadental.org](http://www.vadental.org)

**Council on Caring Dentists**

Contact: Dr. Bruce W. Overton,  
chair c/o Lynn Wisman  
Phone: 804.523.2190  
Email: [wisman@vadental.org](mailto:wisman@vadental.org)

**FSPHP Member Programs Supporting  
Dentists****Virginia Health Practitioners' Monitoring Program**

Phone: 866.206.4747 or 804.828.1551  
Email: [vahpmp@vcuhealth.org](mailto:vahpmp@vcuhealth.org)  
Web: <https://www.fsphp.org/virginia>

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**WASHINGTON**

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**Washington State Dental Association**

126 N.W. Canal Street  
Seattle, WA 98107-4970  
Phone: 206.448.1914  
Email: [info@wsda.org](mailto:info@wsda.org)  
Web: [www.wsda.org](http://www.wsda.org)

**FSPHP Member Programs Supporting  
Dentists****Washington State Physicians' Health Program**

Staff Contact: Chris Bundy, MD, MPH,  
Executive Medical Director  
Phone: 800.552.7236  
Web: <https://www.fsphp.org/washington>

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## WEST VIRGINIA

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### West Virginia Dental Association

2016 1/2 Kanawha Boulevard  
East Charleston, WV 25311-2204  
Phone: 206.448.1914  
Email: [info@wvdental.org](mailto:info@wvdental.org)  
Web: [www.wvdental.org](http://www.wvdental.org)

### West Virginia Dental Recovery Network

Contact: Dr. Mike Brown,  
Executive Director  
Phone: 304.533.6844  
Email: [mbrown@wvprn.com](mailto:mbrown@wvprn.com)  
Web: <https://wvdrn.com/>

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## WISCONSIN

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### Wisconsin Dental Association

6737 W. Washington Street,  
Suite 2360  
West Allis, WI 53214  
Phone: 414.276.4520  
Staff contact: Mark Paget, Executive Director  
Email: [mpaget@wda.org](mailto:mpaget@wda.org)  
Web: [www.wda.org](http://www.wda.org)

### Wisconsin Dental Association Foundation, Inc. Dentists Concerned for Dentists

Staff contact: Mark Spiegelhoff,  
Executive Director  
Email: [mspiegelhoff@wda.org](mailto:mspiegelhoff@wda.org)

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## WYOMING

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### Wyoming Dental Association

1309 E. Kearney Street  
Laramie, WY 82070  
Phone: 307.237.1186  
Email: [wyodental@gmail.com](mailto:wyodental@gmail.com)  
Web: [www.wyda.org](http://www.wyda.org)  
Staff Contact: Tanna Nagy, RDH  
Executive Director

### FSPHP Member Programs Supporting Dentists

#### Wyoming Professional Assistance Program

Staff Contact: Candice Cochran, MSPR,  
Executive Director  
Phone: 307.472.1222 Email: [candicec@wpapro.org](mailto:candicec@wpapro.org)  
Web: <https://www.fsphp.org/wyoming>



## ADA Resources

Members with questions that require the attention of ADA staff with expertise in a variety of areas may contact the ADA Member Service Center at: 312.440.2500.

ADA Wellness Website

[ADA.org/wellness](https://ada.org/wellness)

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## ADDITIONAL RESOURCES

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### 988 Suicide and Crisis Lifeline

Phone: Dial 988

Call or Text the Lifeline at 988, available 24/7

Web: <https://988lifeline.org>

### AA World Services

Phone: 212.870.3400

Web: [www.aa.org](http://www.aa.org)

### AL-ANON

Phone: 888.425.2666 or 757.563.1600

Web: <https://al-anon.org>

### American Academy of Addiction Psychiatry

Phone: 401.524.3076

Web: [www.aaap.org](http://www.aaap.org)

### American Foundation for Suicide Prevention

Phone: 888.333.2377

Web: <https://afsp.org>

### Centers for Disease Control and Prevention

Public Inquiries: 800.232.4636

Web: <https://www.cdc.gov/>

### Dr. Lorna Breen Heroes' Foundation

Email: [info@drbreenheroes.org](mailto:info@drbreenheroes.org)

Web: <https://drlornabreen.org/>

### Federation of State Physician Health Programs

Phone: 978.347.0600

Web: [www.fsphp.org](http://www.fsphp.org)

### Hope for the Day

Web: [www.hftd.org](http://www.hftd.org)

### International Doctors in Alcoholics Anonymous

Web: <https://www.idaa.org>

### National Alliance for Mental Illness (NAMI)

Phone: 800.950.6264

Web: [www.nami.org](http://www.nami.org)

### National Association for Children of Addiction

Phone: 301.468.0985

Web: [www.nacoa.org](http://www.nacoa.org)

### National Council of Dentist Health Programs

Email: [info@ncdhp.org](mailto:info@ncdhp.org)

Web: [www.ncdhp.org](http://www.ncdhp.org)

### National Institute on Alcohol Abuse and Alcoholism

Email: [AskNIAAA@NIH.gov](mailto:AskNIAAA@NIH.gov)

Phone: 301.443.3860

Web: <https://www.niaaa.nih.gov/>

### Providers Clinical Support System (PCSS)

Phone: 855.227.2776

Web: <https://pcssnow.org>

### Substance Abuse and Mental Health Services Administration (SAMHSA)

Phone: 800.662.4357

Web: [www.findtreatment.gov](http://www.findtreatment.gov)



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## 2022-2023 ADA WELLNESS AMBASSADORS

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Dr. Alex Barrera (Texas)  
ADA Trustee District 15  
[alexgbarrera@gmail.com](mailto:alexgbarrera@gmail.com)

Dr. Joel Collins (Georgia)  
ADA Trustee District 5  
[collinsj@pacden.com](mailto:collinsj@pacden.com)

Dr. William B. Hamel III (Illinois)  
ADA Trustee District 8  
[hmlshepard@gmail.com](mailto:hmlshepard@gmail.com)

Dr. Cathy Hung (New Jersey)  
ADA Trustee District 4  
[drcathyhung@gmail.com](mailto:drcathyhung@gmail.com)

Dr. Karen Foster (Colorado)  
ADA Trustee District 14  
[kdfdoc@gmail.com](mailto:kdfdoc@gmail.com)

Dr. David Lesansky  
(North Carolina)  
ADA Trustee District 16  
[G8rdmd29@gmail.com](mailto:G8rdmd29@gmail.com)

Mrs. Anne Morrison (Nebraska)  
Alliance of the American Dental  
Association  
ADA Trustee District 10  
[acwatland@gmail.com](mailto:acwatland@gmail.com)

Dr. Amisha Singh (Colorado)  
ADA Trustee District 14  
[amishasinghdds@gmail.com](mailto:amishasinghdds@gmail.com)

Dr. Julie Spaniel (Oregon)  
ADA Trustee District 11  
[Djsdds1@gmail.com](mailto:Djsdds1@gmail.com)

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## 2023-2024 ADA WELLNESS AMBASSADORS

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Dr. Eric Block (Massachusetts)  
ADA Trustee District 1  
[ericmblock@gmail.com](mailto:ericmblock@gmail.com)

Dr. Pooja Gangwani  
(Pennsylvania)  
ADA Trustee District 3  
[poojagangwani9@gmail.com](mailto:poojagangwani9@gmail.com)

Dr. Stephanie Ganter (Texas)  
ADA Trustee District 15  
[briggsddsms@gmail.com](mailto:briggsddsms@gmail.com)

Dr. Mina Ghorbanifarajzadeh\*  
(\*Originally from Florida,  
currently from California)  
ADA Trustee District 17  
[dr.minag@icloud.com](mailto:dr.minag@icloud.com)

Mrs. Sue Hadnot (Montana)  
Alliance of the ADA  
ADA Trustee District 10  
[skhadnot@hotmail.com](mailto:skhadnot@hotmail.com)

Dr. Parul Dua Makkar  
(New York)  
ADA Trustee District 2  
[parul\\_dua@yahoo.com](mailto:parul_dua@yahoo.com)

Dr. Catherine Murphy (Indiana)  
ADA Trustee District 7  
[braceyourself2007@gmail.com](mailto:braceyourself2007@gmail.com)

Dr. Jordan Pierre (Tennessee)  
ADA Trustee District 6  
[jordanapierre@gmail.com](mailto:jordanapierre@gmail.com)

Lieutenant Colonel (Dr.)  
Demarcio Reed  
(Federal Dental Services [FDS],  
Virginia)  
ADA Trustee District 4  
[demarcioreed@yahoo.com](mailto:demarcioreed@yahoo.com)

Dr. Darshika Shah (Michigan)  
ADA Trustee District 9  
[troydental@gmail.com](mailto:troydental@gmail.com)

Dr. Britni Skoda (Ohio)  
ADA Trustee District 7  
[britniskoda@gmail.com](mailto:britniskoda@gmail.com)



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## 2024-2025 ADA WELLNESS AMBASSADORS

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Dr. Maria Ambrosio  
(New Jersey)  
ADA Trustee District 4  
[ambrosmg@sdm.rutgers.edu](mailto:ambrosmg@sdm.rutgers.edu)

Dr. Katie Clark  
(District of Columbia)  
ADA Trustee District 4  
[katieclark419@gmail.com](mailto:katieclark419@gmail.com)

Dr. Sheri Gwin (Mississippi)  
ADA Trustee District 5  
[sglapi@icloud.com](mailto:sglapi@icloud.com)

Dr. Jarod Johnson (Iowa)  
ADA Trustee District 10  
[jarod.w.johnson@gmail.com](mailto:jarod.w.johnson@gmail.com)

Dr. Christian (Chris) Kammer  
(Wisconsin)  
ADA Trustee District 9  
[drchriskammer@yahoo.com](mailto:drchriskammer@yahoo.com)

Dr. Shawn Kerby (Iowa)  
ADA Trustee District 10  
[shawnerbydds@hotmail.com](mailto:shawnerbydds@hotmail.com)

Dr. Mike Kurkowski (Minnesota)  
ADA Trustee District 10  
[mmkurkowski@msn.com](mailto:mmkurkowski@msn.com)

Dr. Blake Ridgway  
(South Dakota)  
ADA Trustee District 10  
[blakemridgway@gmail.com](mailto:blakemridgway@gmail.com)

Dr. Sharon Siegel (Florida)  
ADA Trustee District 17  
[siegelsh@gmail.com](mailto:siegelsh@gmail.com)

Dr. Katie Stuchlik (Texas)  
ADA Trustee District 15  
[KatieStuchlikDDS@gmail.com](mailto:KatieStuchlikDDS@gmail.com)

Dr. Rosabel Tobar (Connecticut)  
ADA Trustee District 1  
[rosabel.tobar@cordialdental.com](mailto:rosabel.tobar@cordialdental.com)

Council on Dental Practice (CDP)  
and Its Dental Team Wellness  
Advisory Committee (DWAC)

Phone: 312.440.2895  
Email: [dentalpractice@ada.org](mailto:dentalpractice@ada.org)