HPI Health Policy Institute Economic Outlook and Emerging Issues in Dentistry

ADA American Dental Association®

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Results for the questions below are reported in two sections:

- All Respondents Combined includes overall results for all respondents. ٠
- Select Breakout of Results includes results by ownership status, DSO affiliation, practice size, geography, sex, years . experience, age, & race/ethnicity.

	All Respondents Combined	Select Breakouts of Results
Looking ahead the next 6 months, how confident are you in the economic conditions in: (Your particular dental practice, The dental care sector in general, The U.S. economy)	3	7
[Owners only] Is your practice currently accepting new patients?	3	14
[If accepting new patients] Currently, how many business days does the average new patient have to wait for an initial appointment (excluding emergencies)?	3	14
Which of the following best describes your general busyness level over the last 3 months?	4	20
Currently, or at any time during the last 3 months, have you recruited any of the following positions? (Dental hygienists, Dental assistants, Dentists, Administrative staff)	4	23
How challenging has it been to recruit the position(s) below over the last 3 months? (Dental hygienists, Dental assistants, Dentists, Administrative staff)	4	23
[Owner dentists] Since the beginning of 2024, have you done any of the following in your practice?	5	42
Approximately what percentage of the patient base were in the insurance networks your practice dropped out of since the beginning of 2024?	5	50
Please indicate why you dropped out of the dental insurance networks.	6	52

#### Number of Responses by Wave/by Group

56

This report was published in September 2024 by the American Dental Association's Health Policy Institute.

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# **About This Study**

The survey for the third quarter of 2024 was sent September 16, 2024 to 2,437 panel members; 997 responded, for an adjusted response rate (excluding undeliverable email addresses) of 41.2%. The number of dentists in private practice who responded in each wave, along with the number of respondents in each reporting category in the current wave, can be found at the end of this report.

This report includes the results from the latest wave for dentists working in private dental practices. Results are reported for all respondents and by ownership status, DSO affiliation, practice size, geographic location, sex, age group, and race/ethnicity. Unless noted otherwise, charts reflect the results from the latest wave of data collection. **Please note that we only include graphics representing at least 30 responses.** Because of this, we were not able to include results for respondents in the following categories: under age 35, large group (10+ dentists) and Black. The number of respondents by demographics can be found at the end of this report.

#### What's New in 2024 - Revised Core Questions

To ensure HPI continues to track the most relevant indicators to measure the state of the economy in dental practices, and in response to feedback from panelists and report users, HPI has made some modifications to the questions starting Q1 2024.

A new question was added to gauge capacity of dental practices, *"Which of the following best describes your general busyness level over the last 3 months?"* Answer options are *"Too busy to treat all people requesting appointments," "Provided care to all who requested appointments but was overworked," "Provided care to all who requested appointments but was not overworked,"* and *"Not busy enough, could have treated more patients."* This new question replaces the previous questions that asked panelists to indicate how full their practice schedule was and the follow-up question asking reasons for not reaching full capacity.

To simplify data collection while keeping focus on the most useful indicators, the survey continues to ask about the average wait time for a new patient but now excludes the question about wait times for patients of record.

Lastly, the following edits were made to reflect the updated cadence of this poll and in response to panelists' feedback:

• "Looking ahead the next 6 months, how confident are you in the recovery of..." is now "Looking ahead the next 6 months, how confident are you in the economic conditions in...."

• "Have you recently or are you currently recruiting any of the following positions in your dental practice?" is now "Currently, or at any time during the last 3 months, have you recruited any of the following positions?"

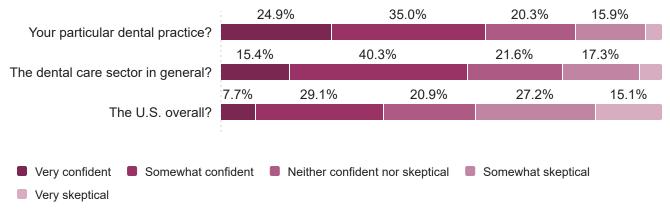
• "How challenging has it been to recruit the position(s) below?" is now "How challenging has it been to recruit the position(s) below over the last 3 months?"



# All Respondents

# Looking ahead the next 6 months, how confident are you in the economic conditions in:

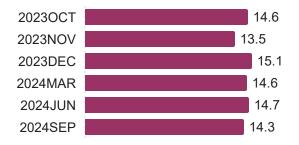




# Is your practice currently accepting new patients? (Percentage selecting "yes")



[If accepting new patients] Currently, how many business days does the average new patient have to wait for an initial appointment (excluding emergencies)?



Average number of days

3



# Which of the following best describes your general busyness level over the last 3 months?

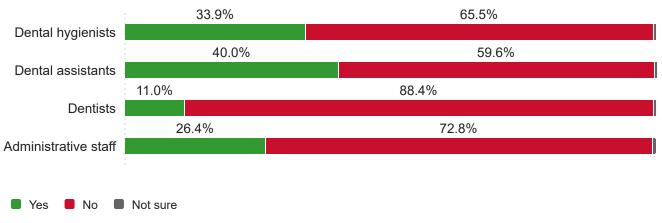
952 Responses

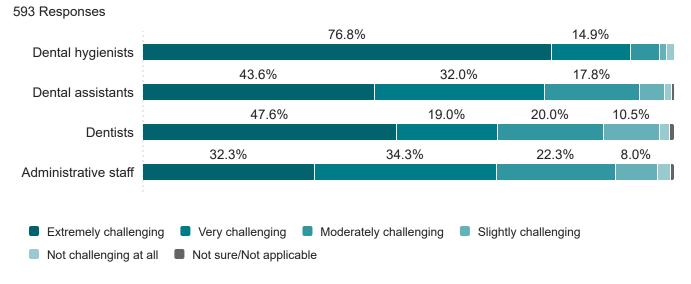
14%	21%	37%	28%
<b>—</b> — — — — — — — — — — — — — — — — — —			

- Too busy to treat all people requesting appointments
- Provided care to all who requested appointments but was overworked
- Provided care to all who requested appointments but was not overworked
- Not busy enough, could have treated more patients

# Currently, or at any time during the last 3 months, have you recruited any of the following positions?

952 Responses

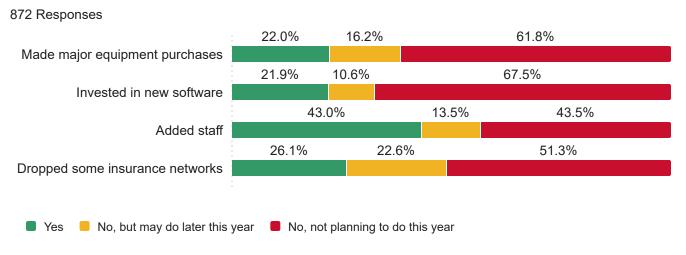






## [Owner dentists] Since the beginning of 2024, have you done any of the following in your

#### practice?



#### Approximately what percentage of the patient base were in the insurance networks your

#### practice dropped out of since the beginning of 2024?

208 Responses

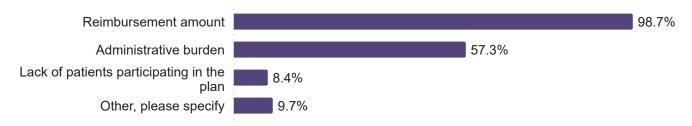


Mean % of patient base



# Please indicate why you dropped out of the dental insurance networks. (Select all that apply.)

227 Responses



#### 22 Responses

Other, please specify:	Percentage of Responses
DENIAL OF COVERAGE / INTERFERENCE WITH TREATMENT DECISIONS	50.0%
INEFFICIENCIES / DELAYED PAYMENT	18.2%
BUNDLING CODES / DOWN-CODING	9.1%
NEEDED TO REDUCE PATIENT POOL	9.1%
DICTATIVE APPROACH TO CONTRACT AGREEMENT	4.5%
NETWORK AFFILIATION AGREEMENTS	4.5%
NO LONGER NEEDED TO PARTICIPATE	4.5%
NETWORK SHARED INFO WITH OTHER INSURANCE NETWORKS	4.5%

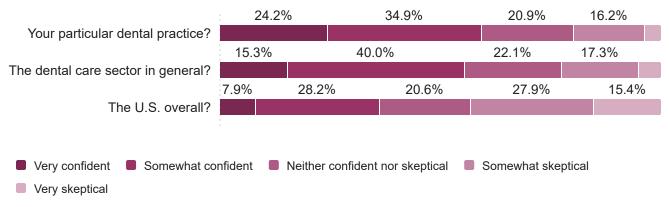


# **Economic Confidence**

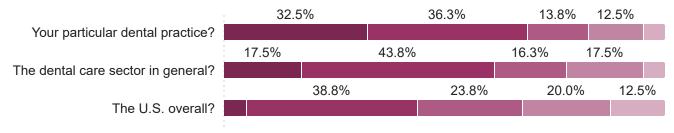
#### **BY OWNERSHIP STATUS**

#### Looking ahead the next 6 months, how confident are you in the economic conditions in:

#### Owner



#### Non-owner

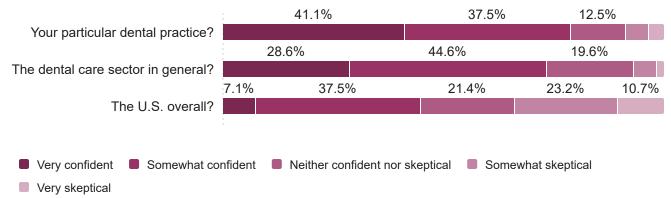




# **BY DSO AFFILIATION**

## Looking ahead the next 6 months, how confident are you in the economic conditions in:

## DSO



# Non-DSO

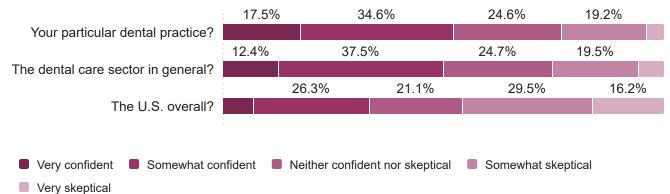
	23.9%		34.9%		20.8%	16.5%	
Your particular dental practice?							
	14.6%		40.1	%	21.8%	18.1%	
The dental care sector in general?							
	7.7%	28.6%	6	20.9%	27.5%	15.4%	6
The U.S. overall?							



## **BY PRACTICE SIZE**

Looking ahead the next 6 months, how confident are you in the economic conditions in:

#### Solo dentists



## 2 to 9 dentists

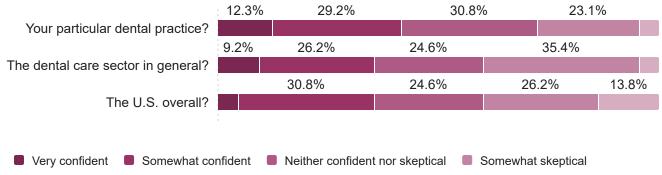
	36.6	%	36.3%		13.4% 10.1%		
Your particular dental practice?							
	20.5%		45.1%	16	.4%	13.7%	
The dental care sector in general?							
	9.0%	33.9%	20.2%	23	3.2%	13.7%	6
The U.S. overall?							



## **BY GEOGRAPHY**

Looking ahead the next 6 months, how confident are you in the economic conditions in:

# **Top 20 cities**



Very skeptical

## Other urban

	25.0%		34.8%		20.7%	15.4%	
Your particular dental practice?							
	16.1%		40.2	2%	21.8%	16.8%	
The dental care sector in general?							
	7.6%	29.6%		20.4%	27.5%	14.9%	6
The U.S. overall?							

## Suburban

	24.0%			46.0%		8.0% 18.0%		
Your particular dental practice?								
	14.0%		4	48.0%	16	.0%	10.0%	12.0%
The dental care sector in general?								
	14.0%	20.	0%	20.0%	24.0%	, D	22	.0%
The U.S. overall?								

#### Rural

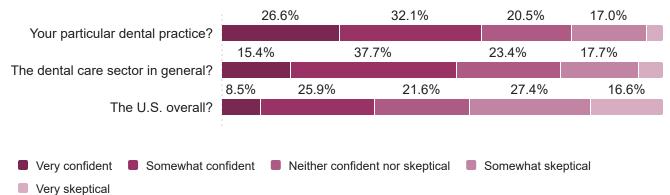
	30.9	9%	35.3%	17.3%	14.4%
Your particular dental practice?					
	15.8%		45.3%	20.9%	14.4%
The dental care sector in general?					
	7.2%	29.5%	21.6%	27.3%	14.4%
The U.S. overall?					



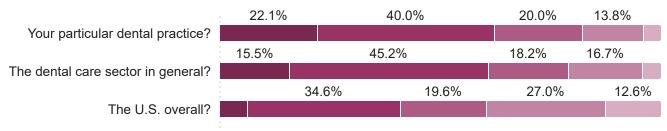
#### **BY SEX**

Looking ahead the next 6 months, how confident are you in the economic conditions in:

#### Male



## Female

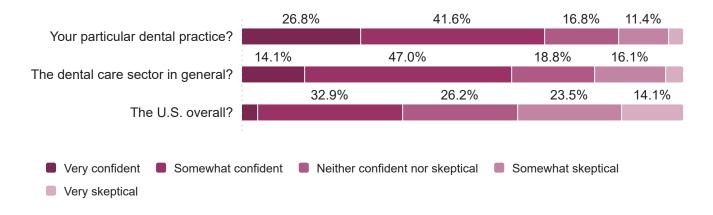




# **BY AGE GROUP**

Looking ahead the next 6 months, how confident are you in the economic conditions in:

#### 35 to 44



#### 45 to 54

	22.5%		36.9%	21.6%	16.1%
Your particular dental practice?					
	16.1%		39.0%	22.5%	18.6%
The dental care sector in general?					
	7.6%	28.0%	19.1%	33.9%	11.4%
The U.S. overall?					

#### 55 to 64

	27.1%		35.3%		15.8%	19.2%	
Your particular dental practice?							
	18.4%		39.9%		18.1%	18.4%	
The dental care sector in general?							
	8.5%	31.1%	1	6.7%	28.3%	15.4%	6
The U.S. overall?							

#### 65 or older

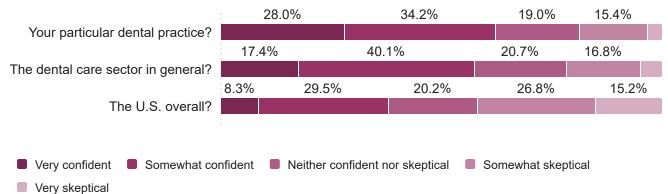
	23.	1%	2	28.5%	26.9%	15.0%	
Your particular dental practice?							
	11.9%		37.3%	, 0	26.9%	16.5%	7.3%
The dental care sector in general?							
	9.2%	24.6	%	23.8%	22.7%	19.	6%
The U.S. overall?							



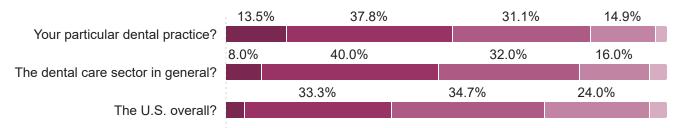
## BY RACE/ETHNICITY

## Looking ahead the next 6 months, how confident are you in the economic conditions in:

#### White



# Asian



# Hispanic

	14.6%		41.5%	19.5%	17.1%	7.3%
Your particular dental practice?						
	9.8%	43	.9%	22.0%	14.6%	9.8%
The dental care sector in general?						
	7.3%	26.8%	12.2%	34.1%	19.	5%
The U.S. overall?						



Currently, how many business days does the average new patient have to wait for an initial appointment (excluding emergencies)?



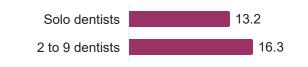


## [Owners only] Is your practice currently accepting new patients?

## (Percentage selecting "yes")



Currently, how many business days does the average new patient have to wait for an initial appointment (excluding emergencies)?



Mean number of days



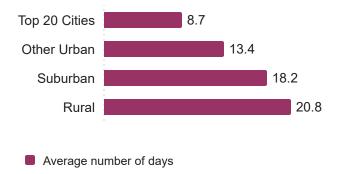
(Percentage selecting "yes")

# **BY GEOGRAPHY**

# [Owners only] Is your practice currently accepting new patients?

# Top 20 Cities 100.0% Other Urban 95.8% Suburban 93.5% Rural 87.3%

Currently, how many business days does the average new patient have to wait for an initial appointment (excluding emergencies)?







Currently, how many business days does the average new patient have to wait for an initial appointment (excluding emergencies)?



Mean number of days



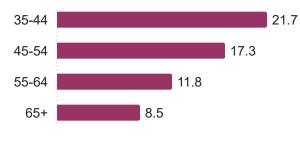
# BY AGE GROUP

# [Owners only] Is your practice currently accepting new patients?

(Percentage selecting "yes")



Currently, how many business days does the average new patient have to wait for an initial appointment (excluding emergencies)?



Averag number of days



# BY RACE / ETHNICITY

# [Owners only] Is your practice currently accepting new patients?

# (Percentage selecting "yes")



Currently, how many business days does the average new patient have to wait for an initial appointment (excluding emergencies)?



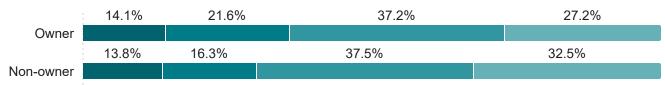
Average number of days



# **Busyness**

# Which of the following best describes your general busyness level over the last 3 months?

# **BY OWNERSHIP STATUS**



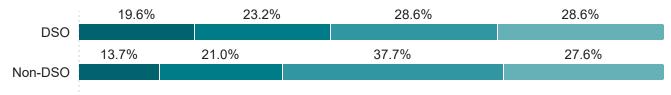
Too busy to treat all people requesting appointments

Provided care to all who requested appointments but was overworked

Provided care to all who requested appointments but was not overworked

Not busy enough, could have treated more patients

# **BY DSO AFFILIATION**



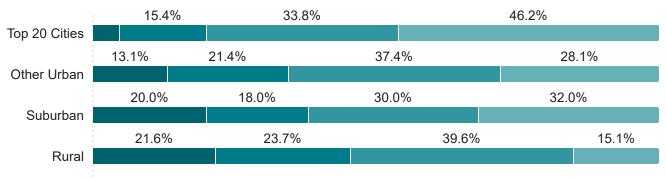
## **BY PRACTICE SIZE**

	13.8%	19.2%	36.8%	30.2%
Solo dentists				
	14.5%	24.3%	38.0%	23.2%
2 to 9 dentists				



Which of the following best describes your general busyness level over the last 3 months? (continued)

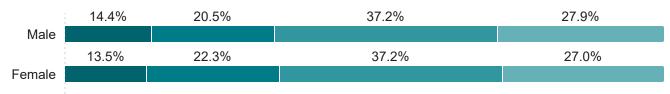
# **BY GEOGRAPHY**



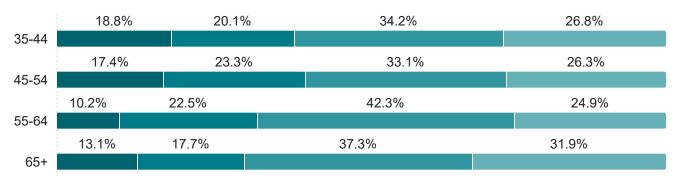
Too busy to treat all people requesting appointments

- Provided care to all who requested appointments but was overworked
- Provided care to all who requested appointments but was not overworked
- Not busy enough, could have treated more patients

## **BY GENDER**



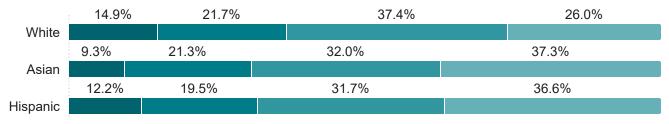
# **BY AGE GROUP**





Which of the following best describes your general busyness level over the last 3 months? (continued)

# **BY RACE/ETHNICITY**



Too busy to treat all people requesting appointments

Provided care to all who requested appointments but was overworked

Provided care to all who requested appointments but was not overworked

Not busy enough, could have treated more patients

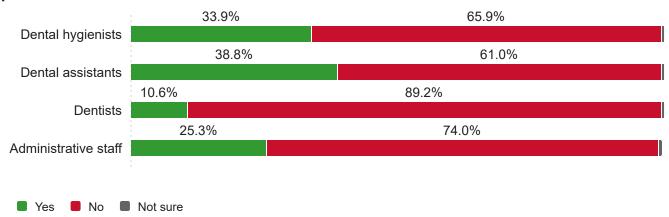


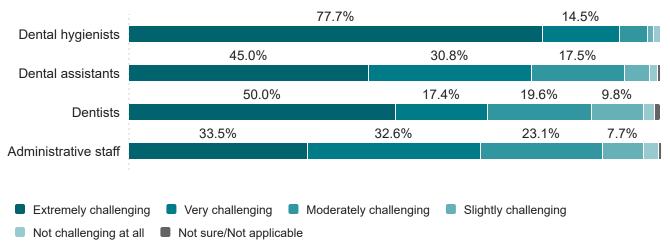
# Staff Recruitment

#### **BY OWNERSHIP STATUS**

#### **Owner dentists**

Currently, or at any time during the last 3 months, have you recruited any of the following positions?



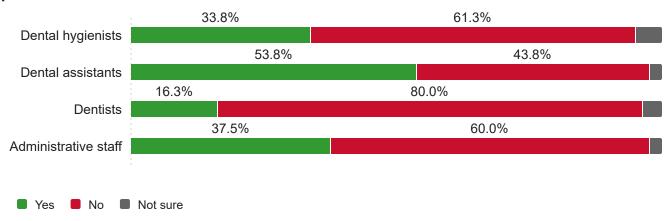


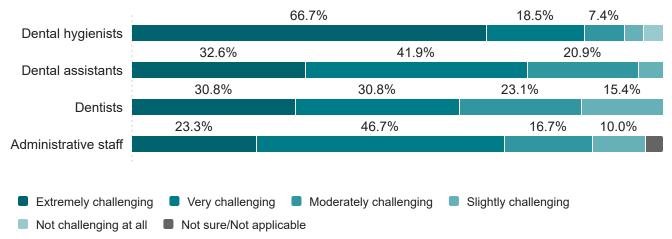


# **BY OWNERSHIP STATUS (continued)**

#### Non-owner dentists

Currently, or at any time during the last 3 months, have you recruited any of the following positions?



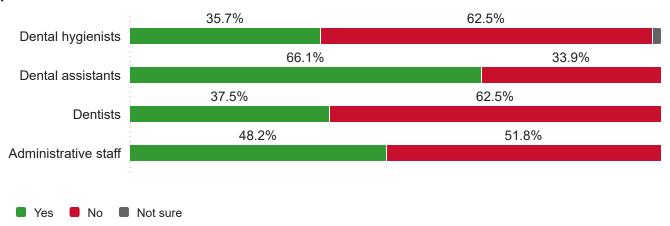


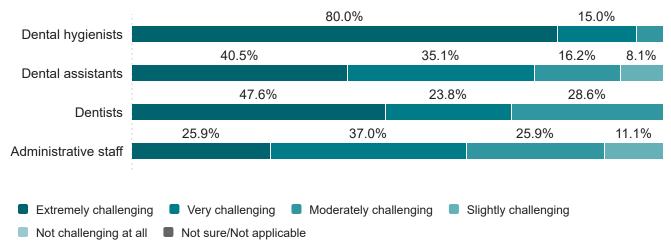


# **BY DSO AFFILIATION**

#### DSO

Currently, or at any time during the last 3 months, have you recruited any of the following positions?



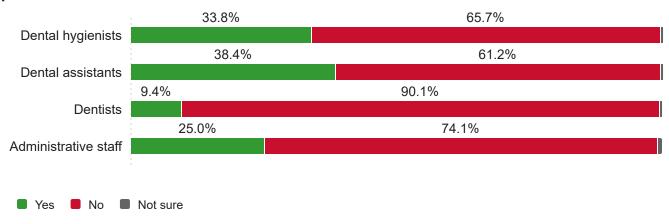


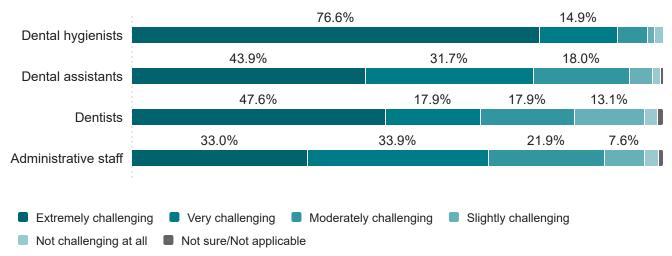


# **BY DSO AFFILIATION (continued)**

#### Non-DSO

Currently, or at any time during the last 3 months, have you recruited any of the following positions?



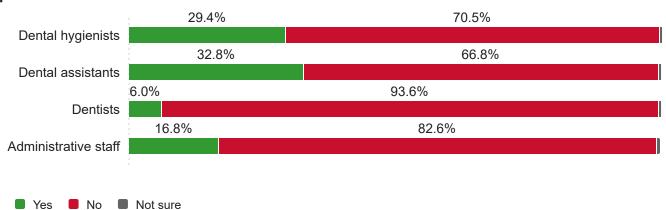


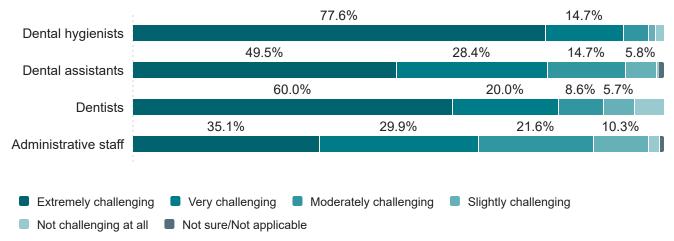


## **BY PRACTICE SIZE**

#### Solo dentists

Currently, or at any time during the last 3 months, have you recruited any of the following positions?



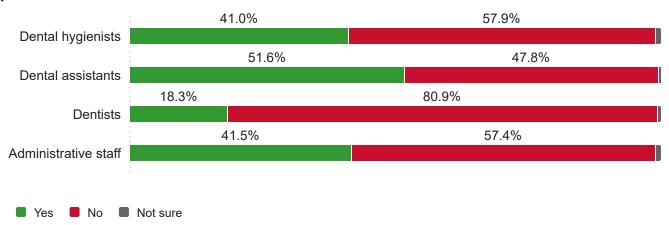


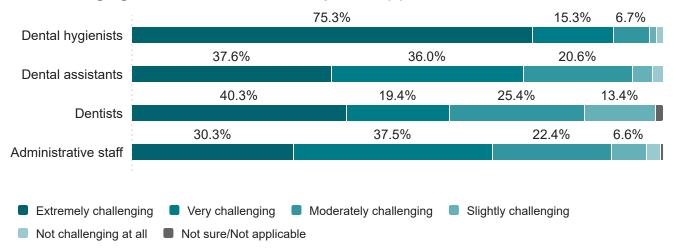


# **BY PRACTICE SIZE (continued)**

#### 2 to 9 dentists

# Currently, or at any time during the last 3 months, have you recruited any of the following positions?







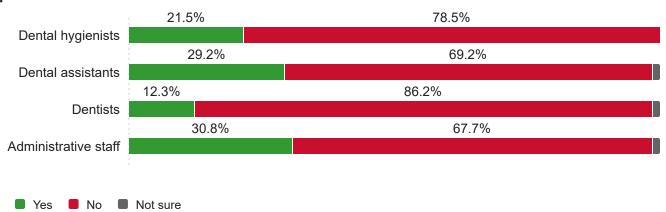
Economic Outlook and Emerging Issues in Dentistry 3rd Quarter, 2024

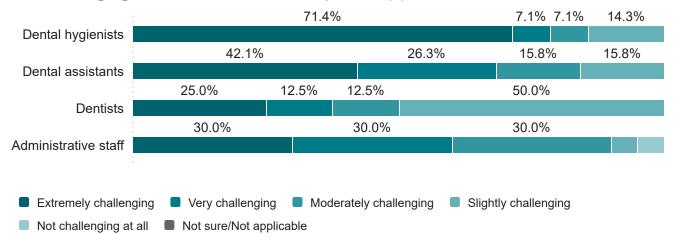
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# **BY GEOGRAPHY**

#### **Top 20 Cities**

Currently, or at any time during the last 3 months, have you recruited any of the following positions?



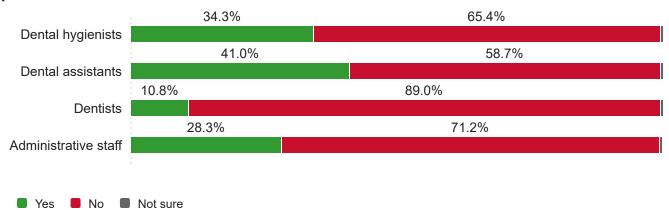


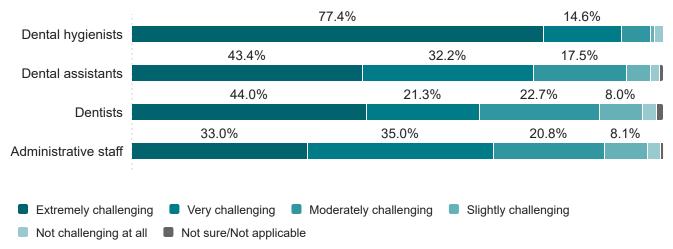


## **BY GEOGRAPHY (continued)**

#### **Other Urban**

Currently, or at any time during the last 3 months, have you recruited any of the following positions?



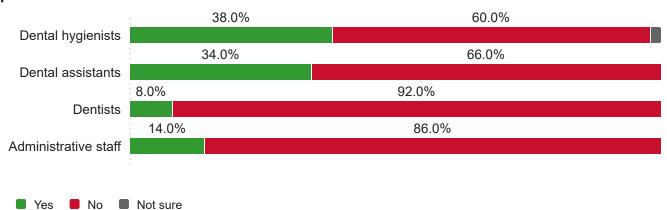


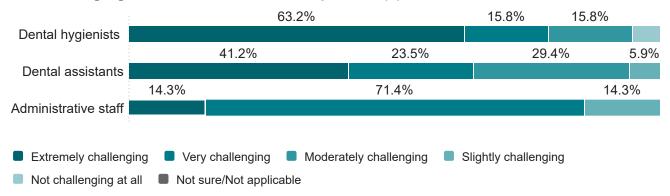


## **BY GEOGRAPHY (continued)**

#### Suburban

Currently, or at any time during the last 3 months, have you recruited any of the following positions?



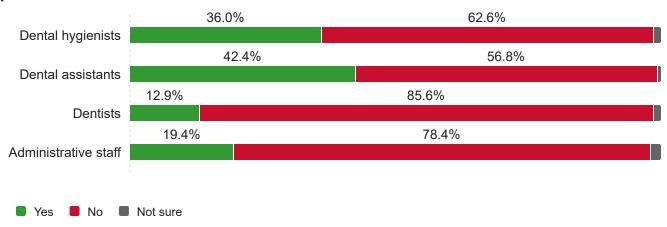


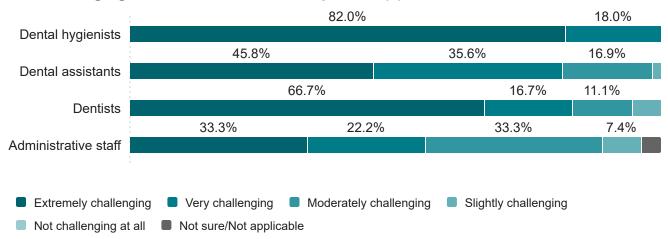


# **BY GEOGRAPHY (continued)**

#### Rural

# Currently, or at any time during the last 3 months, have you recruited any of the following positions?



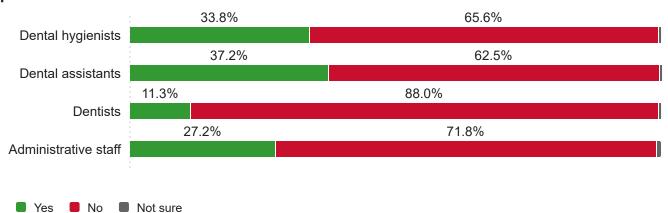


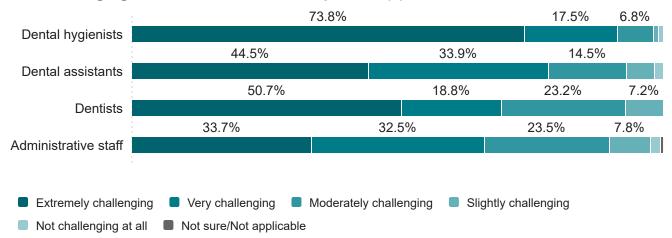


#### **BY SEX**

#### Male

# Currently, or at any time during the last 3 months, have you recruited any of the following positions?



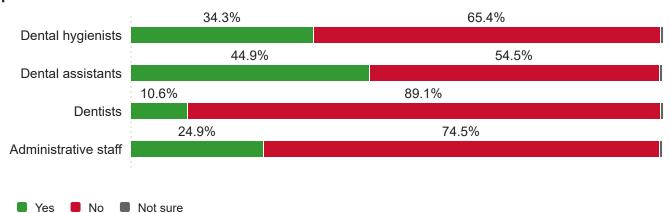


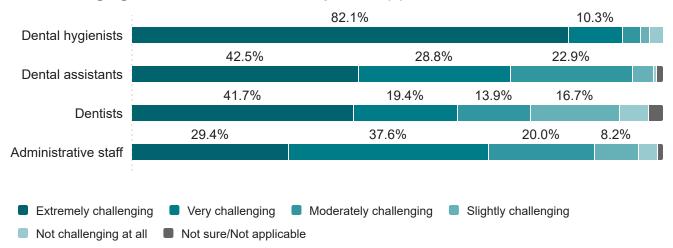


# **BY SEX (continued)**

#### Female

# Currently, or at any time during the last 3 months, have you recruited any of the following positions?



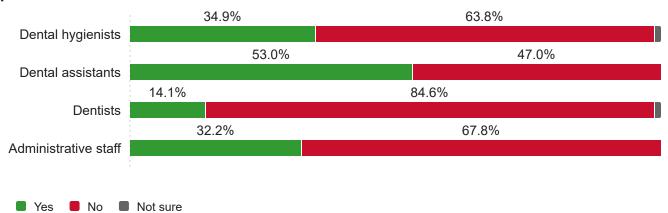


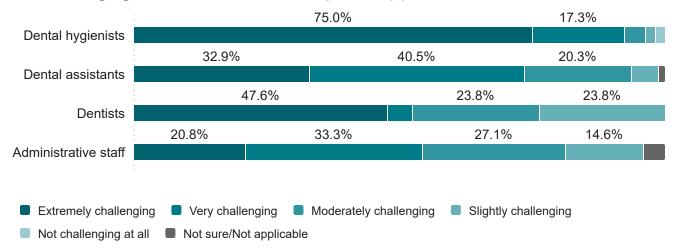


# **BY AGE GROUP**

#### 35 to 44

# Currently, or at any time during the last 3 months, have you recruited any of the following positions?



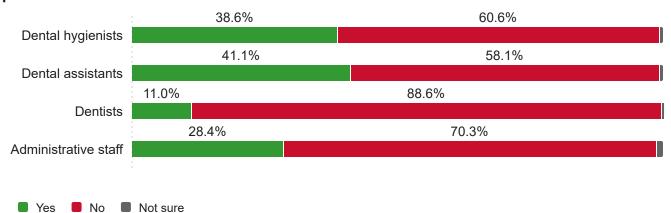


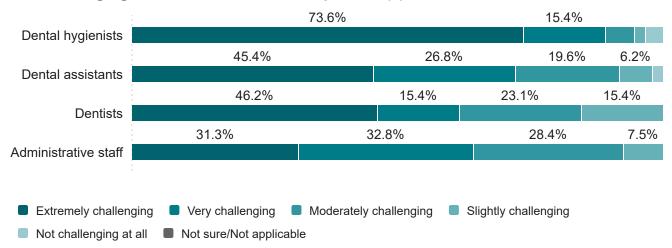


## **BY AGE GROUP (continued)**

#### 45 to 54

# Currently, or at any time during the last 3 months, have you recruited any of the following positions?



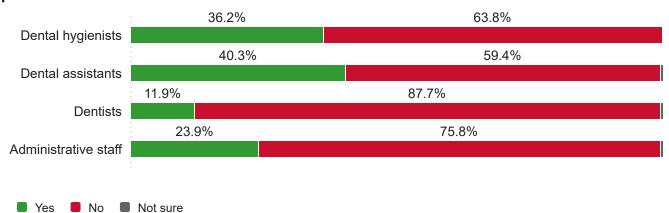


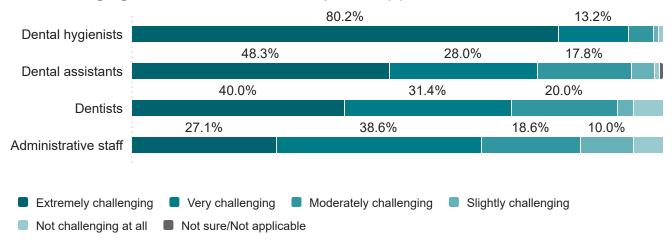


## **BY AGE GROUP (continued)**

#### 55 to 64

# Currently, or at any time during the last 3 months, have you recruited any of the following positions?



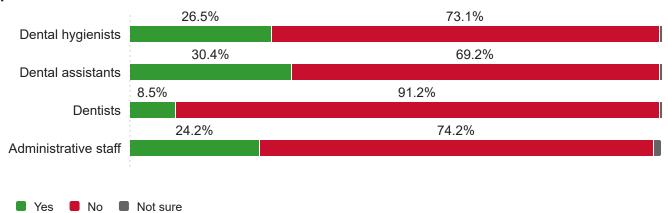


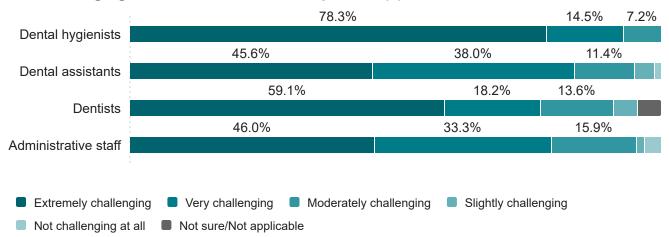


## **BY AGE GROUP (continued)**

#### 65 or older

# Currently, or at any time during the last 3 months, have you recruited any of the following positions?



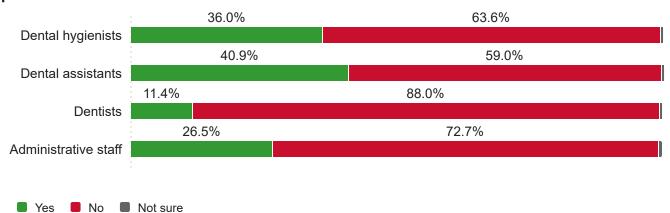


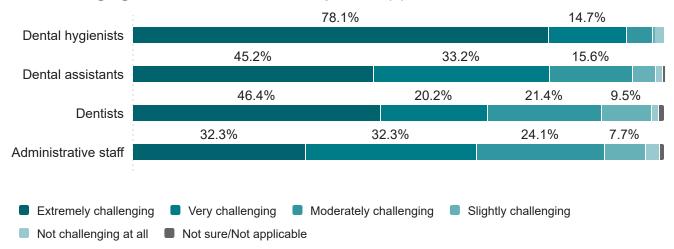


## BY RACE/ETHNICITY

#### White

# Currently, or at any time during the last 3 months, have you recruited any of the following positions?



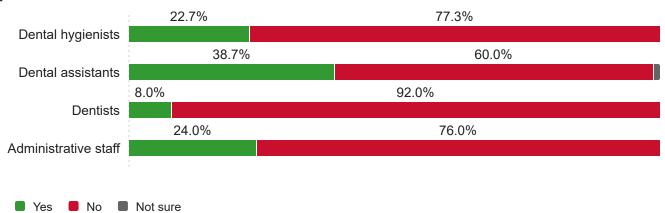


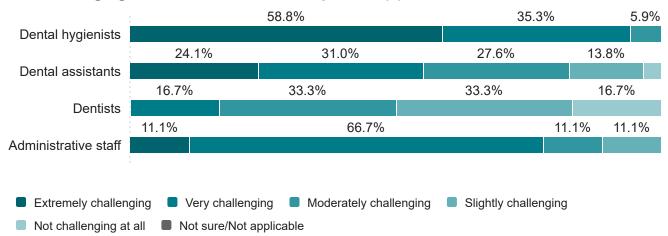


## **BY RACE/ETHNICITY (continued)**

#### Asian

# Currently, or at any time during the last 3 months, have you recruited any of the following positions?



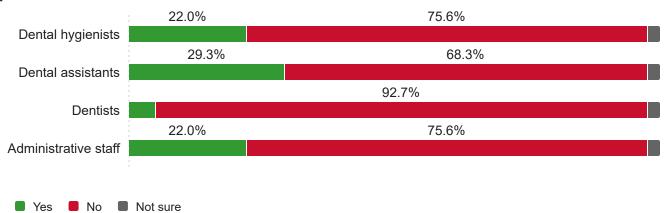


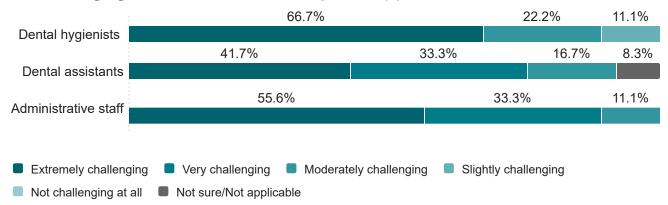


## **BY RACE/ETHNICITY (continued)**

#### Hispanic

# Currently, or at any time during the last 3 months, have you recruited any of the following positions?





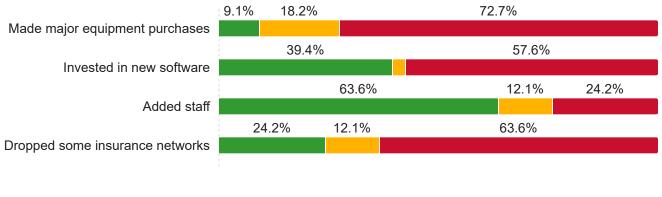


## **Recent Practice Decisions**

# [Owner dentists] Since the beginning of 2024, have you done any of the following in your practice?

## **By DSO Affiliation**

#### DSO



Yes No, but may do later this year No, not planning to do this year

## Non-DSO

	22.5%	16.1%		61.4%	
Made major equipment purchases					
	21.2%	10.8%		67.9%	
Invested in new software					
	42	.2%	13.6%	44.2%	
Added staff					
	26.1%	2	3.0%	50.8%	
Dropped some insurance networks					



67.1%

51.4%

51.6%

72.8%

ADA American Dental Association®

## [Owner dentists] Since the beginning of 2024, have you done any of the following

in your practice?

## **By Practice Size**

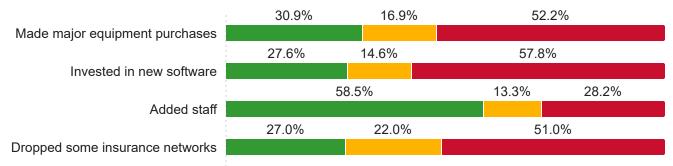
#### 

25.4%

Dropped some insurance networks

Yes 
No, but may do later this year 
No, not planning to do this year

## 2 to 9 dentists



23.0%

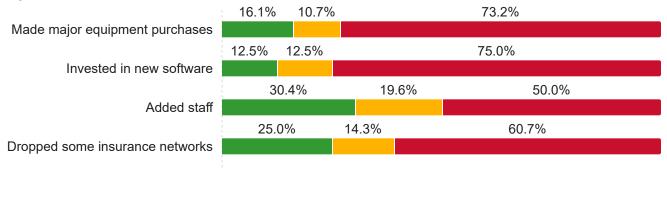


## [Owner dentists] Since the beginning of 2024, have you done any of the following

#### in your practice?

## By Geography

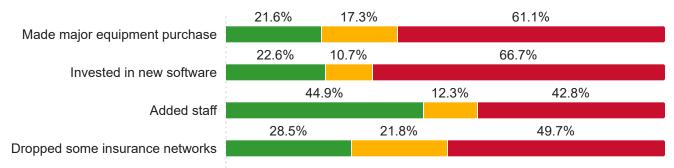
#### **Top 20 cities**



No, but may do later this year
No, not planning to do this year

#### Other urban

Yes



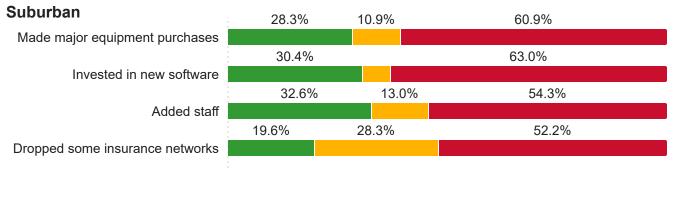
HPI Health Policy Institute

ADA American Dental Association®

## [Owner dentists] Since the beginning of 2024, have you done any of the following

## in your practice?

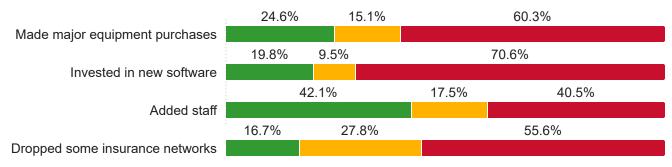
## By Geography (continued)



No, but may do later this year
No, not planning to do this year

## Rural

Yes

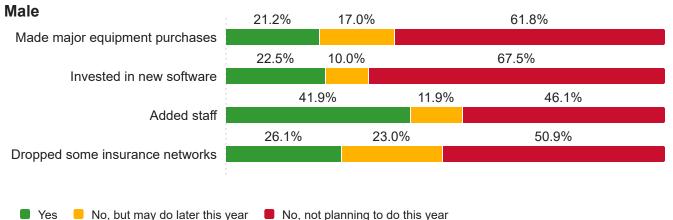




## [Owner dentists] Since the beginning of 2024, have you done any of the following

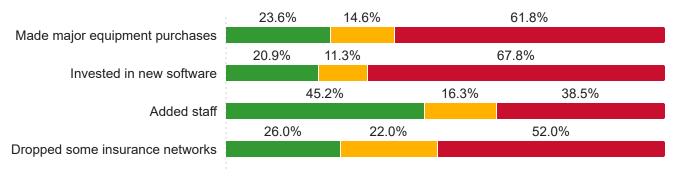
#### in your practice?

#### By Sex



No, but may do later this year No, not planning to do this year

#### Female

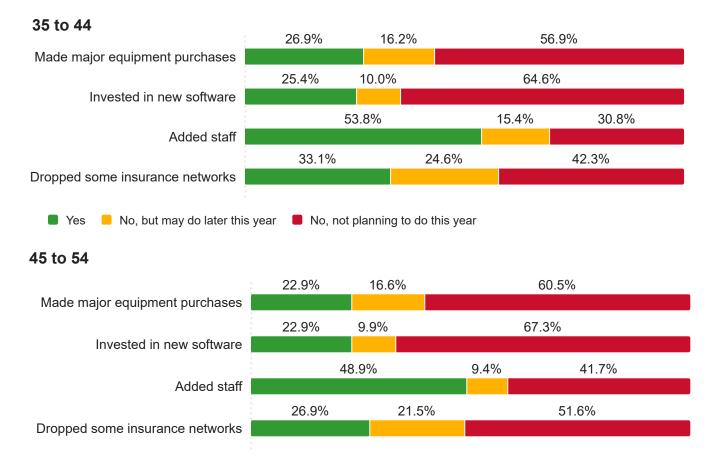




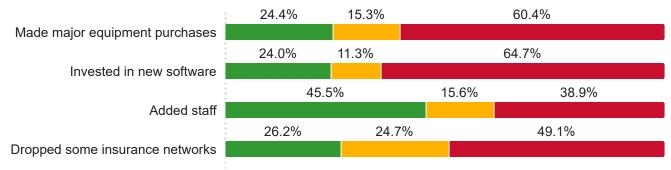
## [Owner dentists] Since the beginning of 2024, have you done any of the following

#### in your practice?

#### By Age



#### 55 to 64



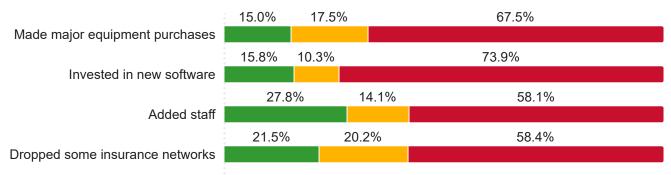


## [Owner dentists] Since the beginning of 2024, have you done any of the following

in your practice?

## By Age (continued)

#### 65 or older

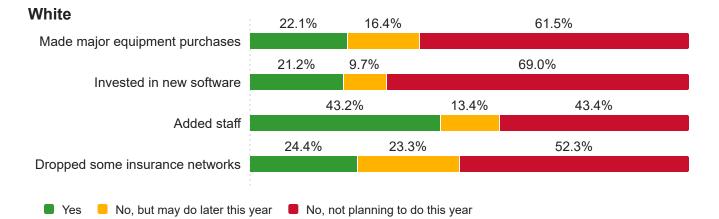




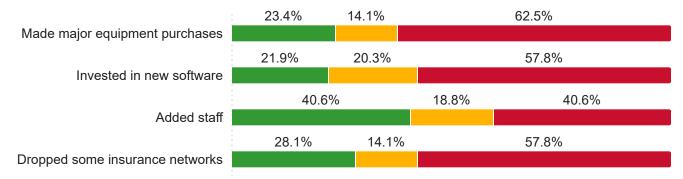
## [Owner dentists] Since the beginning of 2024, have you done any of the following

in your practice?

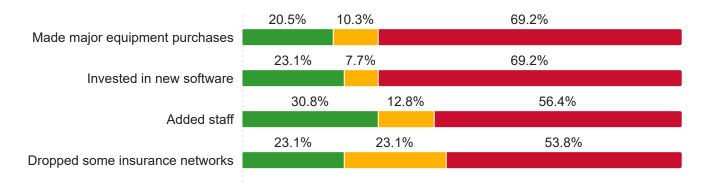
## By Race/Ethnicity



#### Asian



## Hispanic





## Insurance Network Drops

[If dropped out of dental networks] Approximately what percentage of the patient base were in the insurance networks your practice dropped out of since the beginning of 2024?

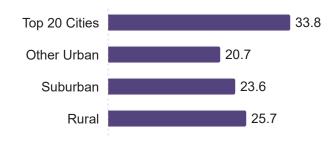
## **By DSO Affiliation**



## **By Practice Size**



## By Geography



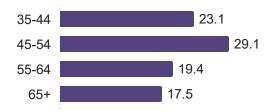
#### By Sex





[If dropped out of dental networks] Approximately what percentage of the patient base were in the insurance networks your practice dropped out of since the beginning of 2024?

## By Age Group



## By Race/Ethnicity





## **Quarter-Specific Questions**

## **Reasons for Insurance Network Drops**

Please indicate why you dropped out of the dental insurance networks. (Select all that apply.)

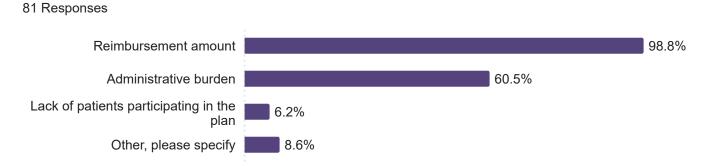
#### **By Practice Size**

#### Solo dentists

144 Responses



## 2 to 9 dentists



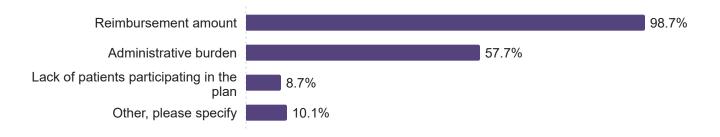


Please indicate why you dropped out of the dental insurance networks. (Select all that apply.)

#### By Sex

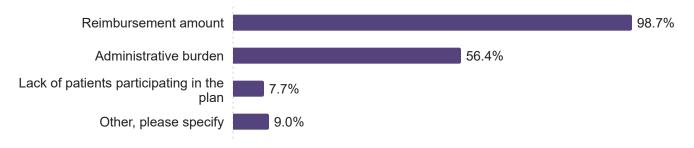
#### Male

149 Responses



#### Female

78 Responses

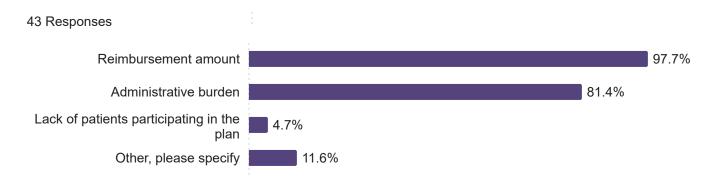




Please indicate why you dropped out of the dental insurance networks. (Select all that apply.)

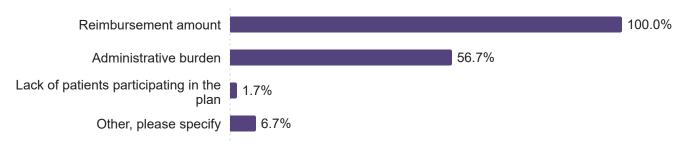
## By Age Group

#### 35 to 44



#### 45 to 54

#### 60 Responses



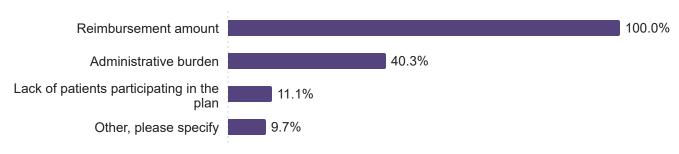


Please indicate why you dropped out of the dental insurance networks. (Select all that apply.)

## By Age Group (continued)

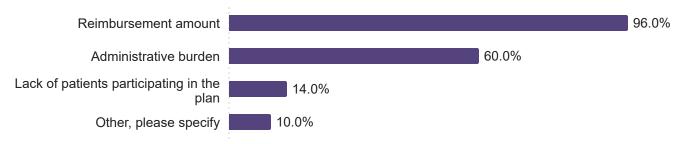
#### 55 to 64

72 Responses



#### 65 or older

50 Responses





#### Number of Responses from Dentists in Private Practice by Wave

Wave	Responses
2023JAN	1,209
2023FEB	1,168
2023MAR	1,053
2023APR	1,008
2023MAY	1,001
2023JUN	1,103
2023JUL	955
2023AUG	1,141
2023SEP	976
2023OCT	1,020
2023NOV	977
2023DEC	923
2024MAR	915
2024JUN	853
2024SEP	953

## Number of Responses by Group - Week of September 16, 2024

Ownership Status	Choice Count
Owner dentist (i.e., sole owner, partner, or shareholder)	872
Employee dentist (nonowner)	37
Associate dentist (nonowner)	24
Independent contractor	19
Other, please specify	1



## Number of Responses by Group - Week of September 16, 2024 (continued)

DSO Affiliation	Choice Count
DSO	56
Non-DSO	897
Practice Size	Choice Count
Solo dentists	579
2 to 9 dentists	367
Large group (10+ dentists)	7
Geography	Choice Count
Top 20 Cities	65
Other Urban	698
Suburban	50
Rural	139
Sex	Choice Count
Male	611
Female	341
Age Group	Choice Count
<35	14
35-44	149
45-54	236
55-64	293
65+	261



#### Number of Responses by Group - Week of September 16, 2024 (continued)

Race/Ethnicity	Choice Count
White	737
Asian	75
Hispanic	41
Black	8
Native Hawaiian / Pacific Islander	3
American Indian / Alaska Native	4
Other	14
Prefer not to say	1
Unknown	68

This report was published in September 2024 by the American Dental Association's Health Policy Institute.

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