CROSSWORD

WORD BANK
- Bacteria
- Cavities
- Dentist
- Enamel
- Floss
- Fluoride
- Germs
- Mirror
- Plaque
- Saliva

ACROSS
2. Cleans between your teeth.
3. _____ in plaque produce acid when you eat sugar which leads to cavities.
6. Washes away food and particles from your teeth and gums.
7. A dentist uses a mouth _____ to help him to see all of your teeth.
8. Helps protect your teeth from cavities.
9. It is important to visit your _____. regularly.

DOWN
1. A sticky film that if left on your teeth can lead to cavities.
4. Use toothpaste with fluoride to help prevent _____.
5. The hard outer layer of a tooth.
10. Bacteria is another name for _____.

Visit MouthHealthy.org/SmileBuilders for more activity sheets.

HEALTHY SMILE TIPS
- Brush your teeth twice a day with a fluoride toothpaste.
- Clean between your teeth daily.
- Eat a healthy diet that limits sugary beverages and snacks.
- See your dentist regularly for prevention and treatment of oral disease.