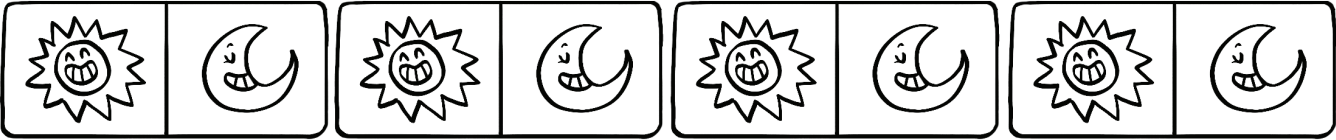


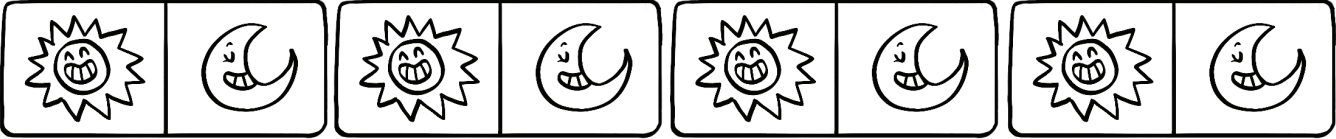
Have you brushed your teeth twice today?  
Color in the boxes once you finish brushing!



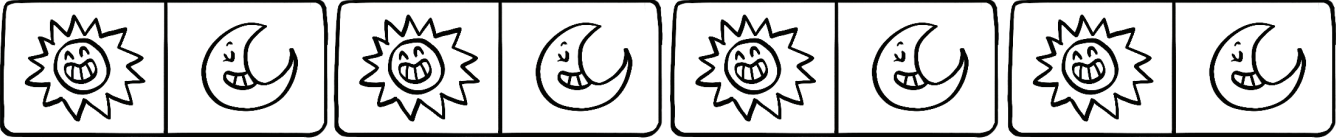
**Sunday**



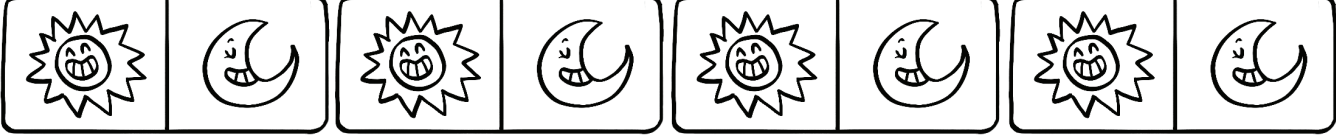
**Monday**



**Tuesday**



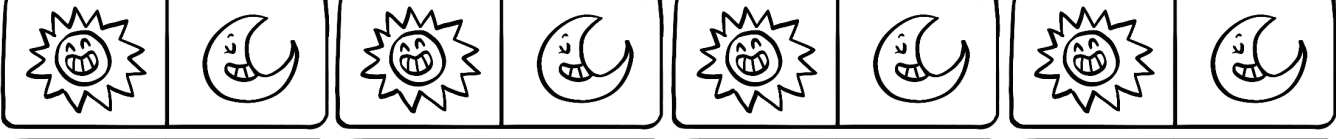
**Wednesday**



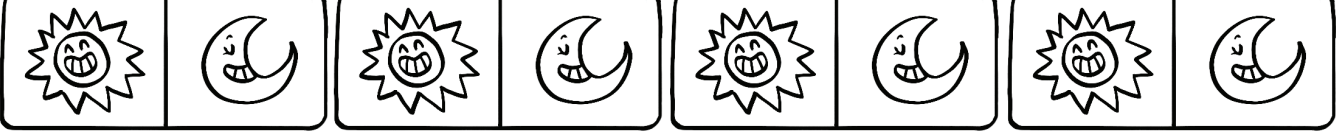
**Thursday**



**Friday**



**Saturday**



Visit [MouthHealthy.org/ToothTeam](http://MouthHealthy.org/ToothTeam) for more activity sheets.

**HEALTHY SMILE TIPS**



Brush your teeth twice a day with a fluoride toothpaste.



Clean between your teeth daily.



Eat a healthy diet that limits sugary beverages and snacks.



See your dentist regularly for prevention and treatment of oral disease.



ADA American Dental Association®